

FOOD & RESOURCE ASSISTANCE

◇ Rensselaer County DSS

Phone: 518-266-7800

◇ Catholic Charities Tri-County Basic Needs Line

Services: Help with hygiene items, food, etc.
Phone: 518-273-8351

◇ United Way Community Economic Relief Program

Services: Help with rent, food, bills, etc.
Phone: 866-211-9966

◇ Unity House Community Resources

Services: Help with rent, food, bills, etc.
Phone: 518-274-2607

◇ Rensselaer County Aging, Home Delivered Meals

Phone: 518-270-2730

◇ NY Connects (serves older individuals and individuals with disabilities of all ages)

Phone: 518-270-2767

◇ The Food Pantries for the Capital District

- Food Pantry: 518-458-1167
- Food Access Referral Line: 518-458-1167 ext. 108

LEGAL AID

Legal Aid Society of Northeast NY

Phone: 800-462-2922

The Legal Project

Phone: 518-435-1770

NYS Attorney General Labor Bureau

Phone: 212-416-8700

HEALTH DEPARTMENT

Rensselaer County Dept. of Health

General Phone: 518-270-2655

After Hours Emergency Phone:
518-857-4660

For Public Health Emergencies that cannot wait for the next business day

Website:

<https://www.rensco.com/departments/public-health/>



GENERAL INFORMATION



NYS COVID-19 Hotline

Phone: 888-364-3065

NYS COVID-19 Website

www.coronavirus.health.ny.gov

Center for Disease Control and Prevention COVID-19

www.cdc.gov

World Health Organization COVID-19

www.who.int

STAY UP-TO-DATE

Follow Rensselaer County on these social media platforms for current information:



<https://www.facebook.com/rensselaercounty/>



@RenscoExecutive

RENSSELAER COUNTY COVID-19

COMMUNITY RESOURCE GUIDE



September 2020
Steven F. McLaughlin, County Executive

TESTING

U. Albany Test Site- By appointment only
Phone: 888-364-3065

Van Rensselaer Manor- By appointment only, must be symptomatic residents of Rensselaer County

Phone: 1-800-245-4245

Whitney Young Test Sites

-Various Sites, by appointment only

Phone: 518-465-4771

PLASMA DONATIONS

Albany Medical Center

Services: Donors must be recovered from COVID-19 for at least 28 days. Donations will be used for further research.

Phone: 518-262-9340

NYS Travel Advisory

Governor Cuomo's Executive Order 205, issued June 25, 2020, requires quarantine for travelers coming to New York from states and territories with significant community spread.

The requirements of the travel advisory do not apply to any individual passing through designated states for less than 24 hours (which includes layovers).

For the most current listing of restricted states visit:

<https://coronavirus.health.ny.gov/covid-19-travel-advisory>

MEDICAL INFO

If you are concerned that you may have been in contact with someone with COVID-19, or feel you have symptoms of COVID-19, call your primary care provider (PCP).

EMOTIONAL SUPPORT

NYS Emotional Support Line

Services: **Anxiety Counseling**

Phone: **844-863-9314**

National Suicide Prevention Lifeline

Services: **24/7 Emotional Support**

Phone: **800-273-8255**

Mobile Crisis Response Services

Services: **24/7 mental health crisis support**

Phone: **518-292-5499**

Rensselaer County Department of Mental Health 24/7 Response Line

Services: **24/7 mental health crisis support**

Phone: **518-270-2800**

Unity House Domestic Violence Hotline

Services: **24/7 Domestic violence services**

Phone: **518-272-2370**

YWCA Domestic Violence Hotline

Services: **24/7 Domestic Violence Services**

Phone: **518-374-3386**

NYS Child Abuse Report Line

Services: **Child Abuse Reporting**

Phone: **800-342-9720**

SUBSTANCE USE SUPPORT

Rensselaer County Recovery Helpline
Phone: 833-467-3123 (9-9, 7 days a week)

Services: Provides substance use information, resources, and linkage to care

Rensselaer County Department of Mental Health

Recovery Peer Engagement Specialist

Phone: 518-925-8067 (M-F, 9-5)

Services: Support in finding appropriate services to persons misusing substances and/or who are in recovery.

Naloxone Now

Services: FREE curbside Narcan delivery and fentanyl test strips

Text "NARCAN" to 21000

Virtual Buprenorphine Clinic

Services: Start Buprenorphine therapy

Phone: **212-562-2665**

Virtual Recovery Meetings

Available on a number of websites

Project Safe Point Syringe Exchange

Location: 2431 6th Ave., Troy (T-Th, 10-3)

Phone: **518-449-3581**

TELEHEALTH

Most health insurance companies are offering telemedicine to reduce in-office visits.

CDPHP: ER Anywhere: **866.372.6994**

MVP: myVisitNow®—24/7 Online Doctor Visits

Website: <https://myvisitnow.com/landing.htm>