

RESOURCE ASSISTANCE

Rensselaer County DSS
Phone: 518-266-7800

Catholic Charities Tri-County Basic Needs Line

Services: Help with hygiene items, food, etc.
Phone: 518-273-8351

United Way Community Economic Relief Program

Services: Help with rent, food, bills, etc.
Phone: 866-211-9966

Unity House Community Resources

Services: Help with rent, food, bills, etc.
Phone: 518-274-2607

MEAL ASSISTANCE

Rensselaer County Aging, Home Delivered Meals
Phone: 518-270-2730

NY Connects (serves older individuals and individuals with disabilities of all ages)

Phone: 518-270-2767

Boys and Girls Club Meal Pick Ups at Troy Housing Authority Complexes

- Monday-Saturday 11:30-12:30
- For youth 18 years old and younger

The Food Pantries for the Capital District

- Food Pantry: 518-458-1167
- Food Access Referral Line: 518-458-1167 ext. 108

School District Availability varies

HEALTH DEPARTMENT

Rensselaer County Dept. of Health
General Phone: 518-270-2655



GENERAL INFO



NYS COVID-19 Hotline
Phone: 888-364-3065

NYS COVID-19 Website
www.coronavirus.health.ny.gov

Center for Disease Control and Prevention COVID-19
Website :www.cdc.gov

World Health Organization COVID-19
Website: www.who.int

LEGAL AID

Legal Aid Society of Northeast NY
Phone: 800-462-2922
NYS Attorney General Labor Bureau
Phone: 212-416-8700

STAY UP-TO-DATE

Follow Rensselaer County on these social media platforms for current information:



<https://www.facebook.com/rensselaercounty/>



@RenscoExecutive

COMMUNITY RESOURCE GUIDE

RENSSELAER COUNTY COVID-19 EMERGENCY OPERATIONS CENTER



Steven F. McLaughlin, County Executive

TESTING AND RESULTS

U. Albany Test Site- By appointment only

Phone: 888-364-3065

Community Care Latham Test Site

- By appointment only, must be referred by a Community Care provider

Phone: 518-836-3660

Whitney Young Mobile Test Sites

- Various Sites, by appointment only

Phone: 518-465-4771 ext . 3506

Rensselaer Co. Test Result Information

Phone: 518-270-2659 (Mon-Fri, 9-4)

PLASMA DONATIONS

Albany Medical Center

Services: Donors must be recovered from COVID-19 for at least 28 days. Donations will be used for further research.

Phone: 518-262-9340

MEDICAL INFO

If you are concerned that you may have been in contact with someone with COVID-19, or feel you have symptoms of COVID-19, call your primary care provider (PCP).

HEALTH INSURANCE

Healthy Capital District Initiative

Services: Free help applying for insurance

Phone: 518-462-7040

NY State of Health Marketplace

<https://nystateofhealth.ny.gov/individual>

**RENSELAER COUNTY
COVID-19
HOTLINE
518-270-0450**

The Hotline hours are Monday-Friday, 9-5

The Hotline is staffed by MRC (Medical Reserve Corps) volunteers and supervised by the MRC Coordinator.

The Hotline handles a variety of questions and provides information on a range of topics, including COVID-19 symptoms, testing sites and results, quarantine issues, Personal Protective Equipment, county services and resources, business/customer complaints, and many more.

SUBSTANCE USE SUPPORT

Rensselaer County Recovery Helpline

Phone: 833-467-3123 (9-9, 7 days a week)

Services: Provides substance use information, resources, and linkage to care

Rensselaer County Department of Mental Health Recovery Peer Engagement Specialist

Phone: 518-925-8067 (M-F, 9-5)

Services: Support in finding appropriate services to persons misusing substances and/or who are in recovery.

Naloxone Now

Services: Curbside Narcan delivery

Text "NARCAN" to 21000

Virtual Recovery Meeting

Website: <https://unityrecovery.org/digital-recovery-meetings>

Virtual Buprenorphine Clinic

Services: Start Buprenorphine therapy

Phone: 212-562-2665

EMOTIONAL SUPPORT

NYS Emotional Support Line

Services: *Anxiety Counseling*

Phone: 844-863-9314

National Suicide Prevention Lifeline

Services: *24/7 Emotional Support*

Phone: 800-273-8255

Mobile Crisis Response Services

Services: *24/7 mental health crisis support*

Phone: 518-292-5499

Rensselaer County Department of Mental Health 24/7 Response Line

Services: *24/7 mental health crisis support*

Phone: 518-270-2800

Capital District Mental Health

Empowerment Project

Services: *Peer Emotional Support (M-F, 9-9)*

Phone: 518-235-2173

Unity House Domestic Violence Hotline

Services: *24/7 Domestic violence services*

Phone: 518-272-2370

YWCA Domestic Violence Hotline

Services: *24/7 Domestic Violence Services*

Phone: 518-374-3386

NYS Child Abuse Report Line

Services: *Child Abuse Reporting*

Phone: 800-342-9720

TELEHEALTH

Most health insurance companies are offering telemedicine to reduce in-office visits.

CDPHP: ER Anywhere: 866.372.6994

MVP: myVisitNow®—24/7 Online Doctor Visits

Website: <https://myvisitnow.com/landing.htm>