

How Do I Apply for Food Stamps?

You can now apply for food stamps online, by mail, fax, or in person at your local Department of Social Services or Food Stamp office (NYC only).

- **Apply Online** - You may apply for food stamps using the internet if you live in New York State by going to myBenefits.ny.gov.
- **Apply by mail, fax or in person** - You may apply by filing an application by mail, fax, or in person at your local Department of Social Services or Food Stamp office (NYC only). You may pick up an application, request an application to be mailed to you, or print an application by going to <http://otda.ny.gov/main/programs/apply/#fs>. The current food stamp application form is available to print in English, Spanish, Arabic, Chinese, Haitian-Creole, Korean and Russian. To find out the location of your nearest local Department of Social Services or Food Stamp office (NYC only) go to <http://otda.ny.gov/main/programs/apply/#fs>.
- If you are applying for other assistance programs (Temporary Assistance, Medicaid) at the same time that you are applying for food stamp benefits, use the common application form, LDSS-2921. You may pick up an application, request an application to be mailed to you, or print an application by going to <http://otda.ny.gov/programs/applications/2921.pdf>. The current common application form is available to print in English, Spanish, Arabic, Chinese, Haitian-Creole, Korean and Russian.

In many locations throughout New York State, community organizations and nutrition outreach providers can help you get and complete an application for the Food Stamp Program.

To locate Community Based Organizations in your district go to <http://otda.ny.gov/main/programs/food-stamps/online.asp>.

OR

To locate a Nutrition Outreach Education Provider in your district go to www.ny-noep.info.

District Name: _____

Address: _____

Phone Number: _____

Fax Number: _____