



Putting Faith Into Action...Alzheimer's Care Teams

What is an Alzheimer's Care Team?

Eddy Alzheimer's Care Teams exist to provide support and companionship to individuals with some form of memory loss, whether it is due to Alzheimer's disease or other related dementias. By providing much needed respite to caregivers and socialization to the person with the disease, these caring individuals strive to make life better for both the caregiver and the patient.

The Alzheimer's Care Team, consisting of 4-10 volunteers from a faith-based group, is matched up with a family in their community. Trained volunteers are available to assist families for a few hours each week free of charge.

Who are our volunteers?

- Volunteers are recruited from Faith-based groups in your area.
- Volunteers are trained by Eddy staff about dementia and the best approaches to care. Many of our volunteers were family caregivers.
- Confidentiality is maintained.
- Eddy staff continues to meet with the team on a monthly basis to provide support and guidance.
- All volunteers provide personal references.

What do Volunteers do as part of the Team?

Volunteers provide friendship and support to both the individual who has dementia and the family members who are involved. The Volunteer provides non-medical support.

Examples of volunteer activities include:

- Lending a listening ear, visiting for socialization
- Running errands, picking up groceries or a prescription at the pharmacy
- Listening to music or watching a ballgame
- Taking a walk, visiting a museum or enjoying other community outings
- Delivering a hot meal, preparing lunch!
- Providing the caregiver "a break" and much needed respite!!!

**To find out more about being connected with a care team,
please contact:**

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