



RECOVERY SUPPORTIVE SERVICES

Resource Guide



September 2025 Edition

RENSSELAER COUNTY MENTAL HEALTH SERVICES

Adult Care Coordination Services/Health Home

Phone: (518) 270-2867

Services Provided: Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under Capital Region Health Connections Health Homes/SPHP. Building relationships outside of office walls. Care coordinators provide support, advocacy and education. This is done through connecting members with needed medical, behavioral and social services to support their overall health and wellness.

Target Population: Adults, 18 years & older

Eligibility Criteria: Adults: serious mental health condition or HIV/AIDS or two chronic conditions including physical, mental health or substance use disorders.

How to Apply for Services: Contact the Adult Care Coordination Services Director (518)270-2687 or Capital Region Health Connections Health Homes (518) 271-3010

Hours: Monday - Friday: 8 am – 5 pm.

Children's Care Coordination Services/Health Home

Person of Contact: Michelle Marte

Phone: (518) 270-2836

Services Provided: Develop strategies to manage these children in their home communities; Develop better decisions about individualized care planning for children at risk; and Support communities to manage access to intensive services.

Hours: Monday - Friday: 8 am – 5 pm

Target Population: Children.

Eligibility Criteria: Children with serious mental health condition or two chronic conditions including physical, mental health or substance use disorders.

How to Apply for Services: Call the Child and Adult Care Coordination Services Director

Mental Health Adult Clinic

Rensselaer Site- Phone: (518) 463-8869

Hoosick Falls Site- Phone: (518) 686-0694

Services provided: Individual and group therapy for Adults. In addition, we offer psychiatric evaluations and medication management.

Target Population: Ages 21 and up

Eligibility Criteria: Must be a resident of Rensselaer County.

How to Apply for Services: Call and ask to schedule an intake assessment.

Mental Health Children's Clinic (satellite locations throughout the county)

Phone: (518) 270-2800 **Fax:** (518) 270-2723

Services Provided: Individual and group therapy for children and families of Rensselaer County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Rensselaer County. Contact the Mental Health Clinic for additional satellite information.

Target Population: Ages 5 -21

Eligibility Criteria: Must be a resident of Rensselaer County

How to Apply for Services: Call 518-270-2800 and ask to schedule an intake assessment.

Hours: Monday-Friday: 8 am – 5 pm with some evening hours available. **Crisis Line – 24 hours:** (518) 270-2800.

Mental Health Adult Clinic

Rensselaer Site- Phone: (518) 463-8869

Hoosick Falls Site- Phone: (518) 686-0694

Services provided: Individual and group therapy for Adults. In addition, we offer psychiatric evaluations and medication management.

Target Population: Ages 21 and up

Eligibility Criteria: Must be a resident of Rensselaer County.

How to Apply for Services: Call and ask to schedule an intake assessment.

Rensselaer County Department of Mental Health (RCDMH)

1600 7th Ave Troy, NY 12180

Website: www.rensco.com/departments/mental-health

Phone:(518) 270-2800 **Fax:** (518) 270-2723

Objectives: To develop and maintain a coordinated integrated continuum of services which permits all individuals to reach their personal potential and live their lives with dignity and independence.

Services Provided: See below.

SAMHSA (Substance Abuse & Mental Health Services Administration)

Website: www.findtreatment.samhsa.gov/locator.html

Phone: 1-800-662-HELP (4357)

Services Provided: SAMHAS is an agency within the US Department of Health and Human Services. Their national Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Single Point of Access (SPOA)-Adults

Phone: (518) 270-2829

Services Provided: The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

Hours: Monday – Friday: 9 am - 5pm.

Target Population(s): Adults with serious mental illness who need assistance accessing residential and community services.

Eligibility Criteria: Adults with a serious mental illness.

How to Apply for Services: Contact SPOA Coordinator for an application.

Single Point of Access (SPOA)-Children

Phone: (518) 270-2948

Services Provided: Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

Hours: Monday – Friday: 9 am – 5 pm

Target Population(s): Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community.

Eligibility Criteria: Mental health diagnosis.

How to Apply for Services: Contact SPOA Coordinator for an application.

MENTAL HEALTH COMMUNITY RESOURCE SATELLITE

Ellis Medicine

1101 Nott Street Schenectady, NY 12308

Website: <http://www.ellismedicine.org/services/mental-health.aspx>

Crisis/Inpatient Phone: (518)243-4000

Adult Outpatient Mental Health Services Phone: (518)243-3300

Child & Adolescents Outpatient MH Services Phone: (518)382-2290

Services Provided: Inpatient, crisis intervention, adolescent treatment center, outpatient mental health clinic, personalized recovery-oriented services, peer advocacy program and case management and family support.

Hours: 24/7 crisis services offered through the hospital's Emergency Department

Four Winds Hospitals

30 Crescent Ave Saratoga Springs, NY 12866

Website: www.fourwindshospital.com

Phone: (518) 584-3600

Services Provided: Inpatient and outpatient mental health services for children (age 5+), adolescents, and adults. Dependent on insurance.

Hours: Referrals can be made Monday-Friday: 8am-5pm

Northern Rivers Mobile Crisis Team

Website: <https://www.northernrivers.org/our-services/behavioral-health>

Phone: (518) 292-5499

Services Provided: Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

Hours: Monday-Friday 7am-11pm; Saturday-Sunday: 11am-7pm; **Holidays:** 10am-6pm

Target Population: Adults and children who appear to be in a mental health crisis situation.

Eligibility Criteria: Resident of Rensselaer County.

How to Apply for Services: Call phone number provided above.

Samaritan Hospital - Inpatient/Outpatient/Crisis Psychiatric Services

2215 Burdett Ave Troy, NY 12180

Website: <https://www.sphp.com/services/behavioral-health>

Outpatient MH Clinic Phone: (518)833-6470

Inpatient Adult Psychiatry: (518)271-3382

Crisis Phone: (518)271-3540

PROS Phone: (518)270-1122

Services Provided: Acute inpatient psychiatric care, outpatient psychiatric services offered, Emergency Room/Crisis Unit. Part of St. Peter's Health Partners.

Hours: Monday-Friday: 9am-4pm, with additional evening hours (Outpatient); Crisis Unit 24 hours through the Emergency Room.

Unity House of Troy- Human Service Agency with a Wide Range of Services

2431 6th Ave Troy, NY 12180

Website: <https://www.unityhouseny.org/>

Phone:(518) 274-2607

Services Provided: Unity House's Housing and Support Services Program provides ongoing case management services for adults living with mental illness, people living with HIV/AIDS and/or people with chemical abuse and domestic violence.

Hours: Monday-Friday: 8:30am—4:30pm

Target Population(s): Young adults and adults with mental illness and chemical abuse.

Eligibility Criteria: Mental Illness and/or Chemical Abuse. Have a primary psychiatric diagnosis. Dependent on service.

How to Apply for Services: Contact appropriate program director (see website).

Whitney Young Health Services

920 Lark Street Albany

Website: <https://www.wmyhealth.org/>

Phone:(518) 465-4771

Services Provided: Integrated healthcare to address patient's behavioral health and physical health care needs in Albany, Watervliet & Troy

Albany Health Center

Hours: Monday - Thursday: 8am-6pm; Friday 8am-5pm (by appointment only)

Target Population(s): Adults, Adolescents, and Children.

Eligibility Criteria: Behavioral health and physical health care needs.

How to Apply for Services: Contact the office.

RENSSELAER COUNTY SUPPORT SERVICES & GROUPS

Al-Anon Family Groups

Website: www.al-anon.org

Local Meetings: <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>

Services Provided: Provide understanding and support to friends and families of problem drinkers.

Alcoholics Anonymous

Capital District Central Office Phone: (518) 463-0906

Website: www.aa.org

Local Meetings: <https://aaalbany.org/meetings/>

Services Provided: Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Conifer Park Troy Outpatient Clinic

2435 6th Avenue Troy, NY 12180

Phone: (518) 274-5143

Website: <https://www.coniferpark.com/outpatient/troy>

Services Provided: Conifer Park offers outpatient treatment at six clinics which operate under licenses granted by New York State OASAS. Outpatient centers offer a full array of services which include both gender-specific, teen programming, and Medication assisted treatment. Each outpatient site offers psychiatric services to facilitate a well-integrated recovery program for clients. These clinics provide a continuum of treatment for clients making the transition home from inpatient treatment or who are seeking support on an as-needed basis.

Hours: Monday-Friday: 8am-6pm; Saturday: 8:30am-11am

COAST (Coordinated Opioid and Stimulant Treatment)

Website: www.cbhnetwork.com/COAST

Phone: 1-866-930-4999

Purpose: COAST is a 24/7, 365 front door resource for individuals seeking MAT, ongoing treatment, care coordination, prevention, CRPA, and other services.

Services Provided: Funds are available for prescriptions, individuals & families in need of rapid access to MAT, bridge scripts, ongoing treatment, and support for direct service providers who work with individuals with opioid and stimulant use challenges. COAST also offers support during hospital discharge planning, law enforcement and EMS community response, individuals involved in the court system and for individuals being released from incarceration without MAT.

Rensselaer County Recovery Helpline

Website: <https://www.rensco.com/647/Recovery-Helpline>

Phone: 1-833-HOPE-123 OR 1-833-467-3123

Email: Rensco.helpline@gmail.com

Services Provided: Developed through the Rensselaer County Heroin Coalition, this helpline is staffed daily by volunteers. Residents who need help for themselves or a loved one with substance use and or obtaining treatment can call for information, resources and referrals to area providers.

Hours: 7 days a week, 9am – 9 pm

Friends of Recovery-NY (FOR-NY)

1529 Western Ave Albany, NY 12203

Phone: (518) 487-4395

Email: info@for-ny.org

Website: www.for-ny.org

Services Provided: Friends of Recovery – New York (FOR-NY) is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and employment; and we support the expansion of recovery support services for individuals and families.

Hope House Elizabeth House

106-108 9th Street Troy, NY 12182

Website: <https://www.hopehouseinc.org/programs>

Phone: (518)272-0206

Services Provided: Elizabeth's House is a 14-bed community residence for women age 18 and older who are seeking recovery from alcohol and other drugs. Residents will stay at Elizabeth's House for an average of 6-12 months in an effort to gain the independent living skills necessary to begin living a sober life style. The variable length of stay is designed so that we can tailor each resident's program to meet her individual treatment needs.

Hope House, Inc. – Troy Outpatient Clinic

1724 Fifth Avenue Troy, NY 12180

Website: <https://www.hopehouseinc.org/>

Phone: (518)272-3918

Services Provided: Offers a continuum of care, including both outpatient and residential programs. Outpatient services offered at Troy, Hoosick Falls, and East Greenbush sites. Outpatient intensive evening and intensive day programs available in Troy. Outpatient service for adolescents offered at all three sites. Residential services offered for men and women.

Level of Care for Alcohol and Drug Treatment Referral (LOCADTR)

Website: <https://oasas.ny.gov/locadtr>

Phone: (646)728-4575

Services Provided: Web-based tool used by substance abuse treatment providers, Medicaid Managed Care plans, and other referral sources to determine the most appropriate level of care for a client with a substance use disorder.

Nar-Anon Family Groups

Website: <https://www.nar-anon.org/find-a-meeting>

Phone: (310) 534-8188

Email: wso@nar-anon.org

Services Provided: The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope.

Hours: Monday – Friday: 12pm-8pm

Local Meeting: Nar-Anon Never Alone Family Group: in-person, Sunday at 6pm at 17 S Main St, Berlin, NY (United Methodist Church)

Local Email: pathwayofpeacefg@gmail.com

Narcotics Anonymous

Website: www.na.org

Regional Helpline Phone: (315)847-3842

Local Meetings: <https://abcdrna.org/meeting-search/>

Services Provided: NA offers recovery from the effects of addiction through working a 12- step program, including regular attendance at group meetings. Group meetings provide help from peers and offer an ongoing support network for addicts who wish to reach and maintain a drug-free lifestyle.

NYS Office of Alcoholism and Substance Abuse Services (OASAS)

1450 Western Ave Albany, NY 12203-3526

Website: <https://oasas.ny.gov/>

Phone: (518) 473-3460

Services Provided: Oversees state-run treatment centers. Provides guidance, oversight, advocacy for persons affected by alcohol and/or substance use.

OASAS Bed Availability Dashboard

Website: findaddictiontreatment.ny.gov

Purpose: Search bed availability using a single criterion or any combination of county, city, organization, gender and age group. Residential only, not outpatient.

OASAS HOPEline

Phone: (877) 8-HOPENY or (877)-846-7369

Text: HOPENY (467369)

Services Provided: Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. Crisis and motivational interviewing for callers in need; referrals to more than 1,500 local prevention and treatment providers; 48 hours call back to those who wish to be contacted; multi-lingual. All calls are confidential.

OASAS Provider Directory Search

Website: <https://webapps.oasas.ny.gov/providerDirectory/>

Services Provided: Online database of all Certified Providers and Programs, searchable by Region, County, Zip Code and Program Type

Rensselaer County Departments

Unified Family Services Dept. for the Aging **Phone:**518-270-2730

Directly provides a wide range of services to the County's senior citizens, with an emphasis on serving those most in need.

Employment & Training Assistance **Phone:**518-270-2860

Brings together a variety of workforce development organizations & agencies with a primary goal of assisting residents of Rensselaer County & the Capital Region to gain employment & assist employers in finding qualified workers.

Veterans **Phone:**518-270-2760

Provides services to veterans of Rensselaer County& their families. We provide information on available benefits, eligibility standards, and we assist in the completion of necessary paperwork.

Social Services **Phone:**518-833-6000

Provides services including: Temporary Assistance, Supplemental Nutrition Assistance Program (SNAP), Medicaid, Home Energy Assistance Program (HEAP), Adult/Child Protective, Project HIRE & burial assistance if applicable.

Youth Department **Phone:**518-266-7501

Provide youth ages birth to 21 with opportunities through positive leisure time activities and social intervention to grow and mature into responsible productive adults

STOP DWI NY of Rensselaer County **Phone:**518-270-2900

Aim to improve the quality of life for residents by increasing public safety. A goal achieved by reducing alcohol& other drug-related injuries & fatalities by targeting alcohol & drug use through the creation & funding of programs relating to enforcement, prosecution, probation, rehabilitation, public information & administration.

Rensselaer County Department of Mental Health - Student Assistance Program

1600 7th Ave Troy, NY 12180

Website: <https://www.rensco.com/250/Student-Assistance-Program>

Phone: (518) 270-2841

Services Provided: School and Community Based; Providers deliver a wide range of services including evidence-based education programs, prevention counseling and referrals, skills development workshops, training sessions for parents, teachers, and other professionals, positive alternative activities for youth and policy change and enforcement efforts to reduce drug and alcohol use.

Location: Averill Park CSD, Berlin CSD, East Greenbush CSD, Lansingburgh CSD, Rensselaer CSD, Troy CSD.

State-Operated Addiction Treatment Centers (ATCs)

Website: <https://oasas.ny.gov/addiction-treatment-centers>

Email: atc@oasas.ny.gov

Services Provided: 12 ATCs across New York State with individualized care that is responsive to the needs of each client and support long-term recovery.

Eligibility: All New York State residents regardless of county of residence.

St. Peter's Addiction Inpatient Recovery – St. Mary's Campus

1300 Massachusetts Ave Troy, NY 12180

Website: <https://www.sphp.com/location/st-peters-addiction-inpatient-recovery-st-marys-campus>

Phone: (518)268-5542

Services Provided: St. Mary's Inpatient Rehab offers a structured 28-day program for adults in a 20 bed, co-ed facility with a variety of treatment options.

PEER SUPPORT GROUPS

Capital District Recovery Center

45 Colvin Avenue (2nd floor) Albany, NY 12206

Website: <https://www.capitaldistrictrecoverycenter.org/>

Phone: (518)487-4617

Email: info@capitaldistrictrecoverycenter.org

Services Provided: 12-Step meetings, support groups for families and friends, workshops and trainings for personal growth, recovery coach training. CDRC is the Capital Region's premier recovery center, providing support services to help individuals and families overcome addiction.

Hours: See meetings calendar on website.

Community Compass RC

Website: www.na.org

Phone: (518) 646-1501

Email: communitycompassrc@gmail.com

Services Provided: Community Compass RC offers help locating opportunities and services needed. Community Compass RC has over thirty years in the Social Work Systems. Appointments are available.

Gamblers Anonymous

GA Hotline: (518) 292-0414

Gam-Anon Hotline: (516) 200-4932

Website: www.gamblersanonymous.org or www.gam-anon.org

GA Meetings: <https://gamblersanonymous.org/find-a-meeting/>

Gam-Anon Meetings: <https://www.gam-anon.org/meeting-directory/virtual-meetings>

Services Provided: GA is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. Gam-Anon is a 12-step self-help fellowship of men and women who have been affected by the gambling problem of a loved one.

Heroin Anonymous

Website: heroinanonymous.org

Local Meetings: <https://heroinanonymous.org/meeting-list/?region=albany>

Services Provided: Heroin Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from heroin addiction.

Refuge Recovery

Website: www.refugerecovery.org

Virtual Meetings: <https://refugerecoverymeetings.org/meetings?tsml-day=any&tsml-type=ONL>

Services Provided: A Buddhist-oriented, non-theistic recovery program with a systematic approach to treating and recovering from all forms of addiction. No previous knowledge of Buddhism is required.

Rensselaer Co. Department of Mental Health Peer Engagement Specialist

Contact: Jesse Chapman, CRPA (Certified Recovery Peer Advocate)

Phone: Office - (518)270-2857; Cell - (518-925-8067)

Email: jchapman@renesco.com

Services Provided: Provide support, encouragement and guidance in finding appropriate services to persons misusing substances and/or who are in recovery. The Peer Engagement Specialist develops brief service plans and provides referrals and linkages to needed services/supports. Peer Engagement Specialists are in Recovery, they have personal experience and expertise in addiction services. They tend to be especially effective with outreach and engagement of people who are struggling with recovery and/or have been reluctant to participate in services.

Hours: Monday-Friday, 9am-5pm

Rensselaer County Mental Health All Recovery Meeting

Contact: Jesse Chapman, CRPA

Phone: (518)925-8067

Email: jchapman@renesco.com

Services Provided: Support group facilitated by a Certified Recovery Peer Advocate for anyone who has suffered with a substance use disorder and/or has been affected by addiction. All Recovery is for anyone practicing “any way” they see fit to recover. No RSVP needed. Meetings are held on ZOOM;

Meeting ID: 968 6057 1391 or dial 1-646-558-8656

Hours: Weekly on Tuesdays, 6:30-7:30pm

Smart Recovery

Website: www.smartrecovery.org

Phone: (440)951-5357

Services Provided: Weekly meetings in Chatham (Mon. night), online meetings available throughout the week can be found on <https://meetings.smartrecovery.org/meetings/>. SMART stands for Self-Management and Recovery Training and is a cognitive behavioral approach to recovery.

ADDICTION SERVICES OUTSIDE OF RENSSELAER COUNTY

Addictions Care Center of Albany (ACCA)

90 McCarty Ave Albany, NY 12202

Website: www.theacca.net

Phone: (518) 465-5470

Services Provided: Outpatient services offered including day rehab, a medically-supervised outpatient program, and an evening program. Community residences offered for men and women who are in early to later stages of recovery & Family Support Navigators to assist.

Albany Medical Health System

Locations: Albany, Catskill, Glens Falls, Hudson, Saratoga

Website: <https://www.albanymed.org/specialty/addiction-services/>

Phone: (518)262-3125

Services Provided: Comprehensive approach to helping patients and families cope with opioid, alcohol, benzodiazepine, and all other addictions. Patients are expected to participate in their care as recommended by the doctor, which may include medication-assisted treatment, substance abuse counseling, and behavioral health counseling. By referral and appointment.

Alliance for Positive Health

845 Central Ave Albany, Suite 202, NY 12207

Website: <http://www.allianceforpositivehealth.org/programservices/>

Phone: (518)434-4686

Harm Reduction Hotline: (518) 641-1097

Services Provided: Mental Health Education and Substance Abuse Outreach and Referral Services. HIV prevention, housing assistance, health insurance assistance, LGBTQ+ health, medical care coordination, harm reduction, transportation for health services.

Hours: Monday-Friday: 9am-5pm

Camino Nuevo

175 Central Ave Albany, NY 12206

Website: <http://www.acacianetwork.org>

Phone: (518) 729-5659

Services Provided: Chemical Dependency Outpatient Program (CDOP) provides treatment for chemical and alcohol dependency, individual and group counseling, family counseling, medication-assisted treatment, relapse prevention, primary care and mental health services, gender-specific groups, and more.

Hours: Monday-Friday: 6:30am-2pm; Sat-Sun: 7am-11am

Capital City Rescue Mission

259 S. Pearl Street Albany, NY 12202

Website: <https://capitalcityrescuemission.org/>

Phone: (518) 462-0459

Services Provided: Free shelter, clothing, food (3 meals/day, 365 days/yr), clothing provided to residents in need. Addiction recovery program as well. Residents who participate in addiction recovery program are sheltered 9 months - 1 year.

Columbia County Community Healthcare Consortium

325 Columbia St (Suite200) Hudson, NY 12534

Website: www.columbiahealthnet.org

Phone: (518)822-8820

Services Provided: The Healthcare Consortium helps residents in Columbia and Greene Counties to get and stay healthy by increasing their access to healthcare services.

Services include: Assistance enrolling in health insurance, including Medicaid, Child Health Plus and the Essential Plans, help getting low or no –cost prescription medications; information about long-term services and supports; and, non-emergency medical transportation (Columbia County residents only).

Hours: Monday-Friday: 8:30am-4pm

Columbia County Pathways to Recovery

Chatham High School Library 50 Woodbridge Ave, Chatham, NY 12037

Website: www.columbiapathwaystorecovery.org

Phone: (518) 966-2775

Helpline: 877-HOPE-365 (877-467-3365)

MCAT: (518) 943-5555

Email: columbiapathwaystorecovery@gmail.com

Services Provided: CCPR is a Recovery Community Organization (RCO), a grassroots group responding to the need for education, awareness, advocacy and change in regard to addiction in Columbia County. Monthly meetings are open to the public and geared towards finding and increasing pathways to recovery. See website for upcoming meeting dates. Helpline is available 9am-9pm, 7 days a week for information, resources and referrals. Mobile Crisis Assessment Team (MCAT) is available for mental health crisis situations for Columbia and Greene County residents 7 days a week 8am-10pm.

Community Care Integrated Behavioral Health

6 Wellness Way Latham, NY 12110

Website: <https://behavioralhealth.communitycare.com/>

Phone: (518)881-1109

Services Provided: Assistance in managing, reducing, and improving problems with alcohol/drug abuse, tobacco use, and many other emotional or behavioral difficulties and chronic medical conditions.

Conifer Park

79 Glenridge Road Glenville, NY 12302

Website: www.coniferpark.com/

Phone: 1-800-926-6433

Services Provided: Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Open 24hrs.

Cornerstone of Rhinebeck

91 Serenity Hill Road Rhinebeck, NY 12572

Website: www.cornerstoneny.com

Phone: 1-800-233-9999

Services Provided: Cornerstone offers inpatient rehab and medical detox. Inpatient units operate 24/7.

Hours: Monday-Friday: 7am-8pm; Saturday-Sunday 8am-4pm

Health Alliance Hospital

105 Mary's Avenue, Kingston, NY 12401

Website: <https://www.hahv.org/addiction-substance-abuse-services>

Phone: (845)338-2500

Services Provided: Emergency and inpatient behavioral health and addiction and substance abuse First Step services available at hospital. Inpatient addiction treatment program, inpatient rehabilitation program, outpatient addiction treatment program (Bridge Back Program), opioid treatment program also offered.

Hours: Open 24hrs.

Hometown Health

1044 State Street Schenectady, 12303

Website: <http://www.hometownhealthcenters.org/services/behavioral>

Phone: (518) 370-1441

Services Provided: Our Behavioral Health Services Team offers counseling for many common illnesses, such as depression, anxiety, ADHD, and Post-Traumatic Stress, and substance abuse.

Hours: Mon, Wed-Thurs: 7am-6pm; Tues: 7am-7pm; Friday 7am-5pm; Sat: 9am-1pm

Hope House Inc. – Albany Locations

Phone: (518) 427-8207

Website: www.hopehouseinc.org

Services Provided: Albany Outpatient Clinic (879 Madison Ave); Bette Center (261 North Pearl St): reintegration residential program for young adult and adult males; Men's Rehabilitation Program/Hubbard Center I (573 Livingston Ave): 820 rehabilitation residential program for men 18+; Women's Recovery Program/Hubbard Center II (577 Livingston Ave): 820 rehabilitation residential program for women 18+; The Next Step Supportive Living (2 Holland Ave): 819 Supportive Living for women; The Next Step Women and Children's Program (2 Holland Ave): 820 Reintegration Treatment Program for pregnant women and women with their children 6 years of age and younger.

McPike Addiction Treatment Center

1213 Court Street Utica, NY 13502

Website: <https://oasas.ny.gov/location/mcpike-addiction-treatment-center>

Phone: (315) 738-4600

Services Provided: A 68-bed, NYS-operated inpatient facility providing a proven individualized program of recovery for adult men and women who have a chemical addiction. Specializes in women's track, dual recovery program, and co-occurring mental health disorders and addictions. Serving 16 counties.

Hours: Monday-Friday: 8am-4pm

Mental Health America (MHA) of Dutchess County

253 Mansion St Poughkeepsie, NY 12601

Website: <https://mhadutchess.org/services/>

Phone: (845) 473-2500

Services Provided: 24/7 co-ed Addiction Crisis Center with access to in-patient non-medical detoxing, clinical staff, licensed and certified counselors 7-days a week, individual and group recovery meetings, self-help support groups, family education and resources, NARCAN training - no referral or insurance needed. Access to community residences and sober supportive housing.

Mental Health Association of Columbia- Greene Counties (MHACG) - Mohawk Opportunities

201 Nott Terrace Schenectady, NY 12307

Website: <https://www.mohawkopportunities.org/>

Phone: (518)374-8424

Services Provided: Offers mental health services and housing.

Hours: Monday-Friday: 8:30am-4:30pm

New Choices Recovery Center

728 State Street Schenectady, NY 12305

Website: www.newchoicesrecovery.org

Phone: (518)346-4436

Services Provided: Prevention and education programs, treatment services, and Recovery Center. Outpatient (walk-in clinic, full day rehabilitation services, Opioid Treatment Program) and residential services (reintegration community residences, Shelter Plus Care supported housing, MRT supported housing). Recovery Peer Advocates available 9am-9pm, 7 days a week.

Hours: Monday-Thursday: 8am-6pm; Friday: 8am-4pm

Project Safe Point

100 Slingerland St Albany, NY 12202

Website: www.projectsafepointcc.org

Helpline Phone: 1-866-930-4999

Phone: 518-449-3581

Services Provided: Opioid Overdose Prevention Training, Narcan kits available; Rapid HIV/HCV Screening; free and anonymous syringe exchange and safer injection supplies; treatment readiness counseling; risk reduction education; Buprenorphine access.

Richard C. Ward Addiction Treatment Center

117 Seward St. (Bldg. 92, Suites 12/16) Middletown, NY 10940

Website: <https://oasas.ny.gov/location/richard-c-ward-addiction-treatment-center>

Services Provided: A NYS-operated, inpatient facility offering innovative treatment and services to aid in the recovery of addicts and their families. Ward ATC offers Acupuncture Services, a Specialized Women's Track, Dual Recovery Groups, and a new creative arts program called Innervisions to help addicts express feelings in healthy ways.

Samaritan Daytop Village

Administrative Headquarters: 138-02 Queens Blvd, Briarwood, NY 11435

Phone: (718) 206-2000 or 1-800-532-HELP (4357)

Website: www.samaritanvillage.org

Services Provided: Substance use treatment (residential or outpatient), medication-assisted treatment, mental health treatment, peer recovery services. Referral needed.

Hours: Monday-Friday: 9am-5pm

Saratoga Center for the Family

359 Ballston Ave Saratoga Springs, NY 12866

Phone: (518) 587-8008

Website: <http://www.saratogacff.org>

Services Provided: Saratoga Center for the Family offers individual and group counseling for children, families and adults at the agency office in Saratoga Springs and through the Student Empowerment Services at Bethlehem, Schuylerville, Scotia-Glenville, Shenendehowa, South Glens Falls, and Waterford Halfmoon School Districts. Other services include Child Advocacy and Education and Prevention Programs.

Hours: Monday: 8am-5pm; Tues, Thurs: 8am-7pm; Wed 8am-6pm; Friday 8am-4pm

St. Joseph's Addiction Treatment & Recovery Center

159 Glenwood drive Saranac Lake, 12983

Website: <http://www.stjoestreatment.org>

Phone: (518) 891-3950

Services Provided: 24/7 access to a Certified Recovery Peer Advocate at (518) 354-5390. Inpatient residential care, veterans residential care, Family Program, Open Access Center services, aftercare support for sustained recovery, and supportive housing. Several locations in NYS.

St. Mary's Healthcare Addiction Services

4988 State Highway 20 (Floor 4) Amsterdam, NY 12010

Website: <https://www.smha.org/services/outpatient-addiction-services/>

Phone: (518) 843-4410

Services Provided: Evaluation/intake clinic, ancillary withdrawal services (walk-in), individual counseling/family counseling, Intensive Outpatient Groups (IOP), Medication Assisted Treatment (MAT), Peer Services (CRPA).

Hours: Monday, Friday: 8am-4:30pm; Tuesday, Wednesday, Thursday: 8am-8pm

St. Peter's Addiction Recovery Center (SPARC)

Locations: Albany (men), Cohoes, Guilderland, Latham, Saratoga Springs

Website: <https://www.sphp.com/services/addiction/st-peters-addiction-recovery-center>

Phone: (833) 688-3480

Services Provided: SPARC outpatient clinics provide care for persons and families experiencing drug and alcohol problems. We also include complicating medical, psychiatric, family and other issues in our treatment processes.

St. Peter's Addiction Recovery Center (SPARC) - Guilderland

3 Mercy Care Lane Guilderland, NY 12084

Website: <https://www.sphp.com/location/sparc-st-peters-addiction-recovery-center-guilderland>

Phone: (518) 452-6700

Services Provided: SPARC Guilderland is a 40 bed, male and female inpatient facility. Individual, group and family counseling; psychiatric assessments as needed; medical screening and testing, along with routine medical care; medication monitoring and medication maintenance evaluations, recreational activities and art therapy groups; and individualized treatment planning with as assigned Primary Counselor.

Hours: Monday-Friday: 8am-4pm

Twin County Recovery Services, Inc.

Website: www.twincountyrecoveryervices.org

Columbia County Location: 350 Power Avenue Hudson, NY 12534.

Greene County Location: 428 W. Main St. Catskill, NY 12414

Columbia Co. Phone: (518) 751-2083

Greene Co. Phone: (518) 943-2036

Services provided: Outpatient clinics(addiction medications, including Vivitrol and Suboxone prescribed), community residences, mobile outreach, prevention and community education, Impaired Driver Program.

Target Population: Individuals with alcohol and substance abuse problems.

Hours: Monday-Thursday: 8am-6pm; Friday: 8am-4pm

Youth Clubhouses

Catskill Location: 455 Main Street Catskill, NY 12414

Hudson Location: 47 N. 5th Street Hudson, NY 12534

Website: <https://www.mhacg.org/programs/clubhouses>

Phone: (518)828-4619

Services Provided: The Clubhouses provide a safe, supportive, alcohol and drug free environment for its members. Peer driven activities will promote health, wellness, and long- term recovery.

Target Population: Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder.

Hours: Monday-Friday 2pm-8pm; See calendar on website for schedule of activities.

NARCAN (NALOXONE)

Naloxone is an emergency medicine that can stop an opioid overdose

NALOXONE NOW Program

Rensselaer County Department of Health can provide a curbside delivery to your home Monday through Friday 9am-5pm of Naloxone (NARCAN). Most request are delivered within 24 hours. Text the word “NARCAN” to 21000 to arrange for delivery.

Rensselaer County Department of Health

Rensselaer County Department of Health currently offers free in-person and virtual Narcan (Naloxone) training to the community. Upon completion of the training, you will receive a card to certify that you have completed the training, as well as an overdose kit with Narcan included. These trainings are available to the general public, as well as community organizations seeking to train their staff in the importance of administering Narcan to prevent an overdose.

Please Contact: (518) 270-2655 for more information and to schedule a training.

Project Safe Point

Phone: (518)449-3581

These trainings are open to the general public; learn the signs and symptoms of Heroin and Opioid overdose. Learn how to use Intramuscular Naloxone to respond to an overdose. Each individual will receive a Naloxone kit as part of the training and the training is free and will be completed in one hour.

N-CAP:

The N-CAP co-payment reimbursement process is open to any valid prescription or standing order for anyone with prescription coverage. There are no enrollment requirements for individuals. If you have insurance you can use N-CAP to cover up to \$40 in prescription co- payments so there are no or lower out-of-pocket expenses when getting naloxone at a participating pharmacy.

COMMUNITY COALITIONS

Rensselaer County Heroin Coalition

Website: <https://www.rensco.com/326/Rensselaer-County-Heroin-Coalition>

Phone: (518) 270-2655

Email: nmazurovski@rensco.com

Services Provided: Established in 2016, The Rensselaer County Heroin Coalition meets every 6 weeks with a panel of guest speakers who share their expertise in topics that allow the members to gain knowledge, ask questions and network. We also have guest speakers who share their personal experience with addiction, recovery and overdose. This is a community based & county-wide coalition; all are welcome to attend. To be added to the list and kept up to date on meetings, please call the Rensselaer County Department of Health at the number above.

Troy Drug Free Community Coalition

1700 7th Avenue Troy, NY 12180

Website: <https://www.facebook.com/TroyDFCC/>

Phone: (518) 274-3781

Email: Tarasha.troydfcc@gmail.com

Services Provided: The Troy Drug Free Community Coalition is a partnership of concerned community members organized for the purpose of reducing substance abuse among young people with a vision of building a healthier, safer, more prosperous community for all in the city of Troy. Education and Outreach to the community on drug prevention strategies utilizing the strategic prevention framework. Youth education & outreach via the Peers Educating Peers (PEP) utilizing the youth to youth model and order to create future leaders by providing leadership development training & opportunities in the community. The coalition meets monthly on the 3rd Monday of the month at 6pm. To get involved, contact Tarasha Darden-Mckoy at the phone number or email listed above.

NØPIATES Committee

Website: <https://www.nopiates.com/>

Phone: (518) 522-2097

Email: nopiatesevents@gmail.com

Services Provided: The NØPIATES Committee is a local grassroots organization developed by dedicated community members committed to raising addiction awareness. Devoted members work towards ending the shame and stigma associated with the disease of addiction. The Committee aims to raise awareness of the opioid epidemic, provide support & advocate for those who have been affected by substance use disorders. Offers educational & memorial events that focus on prevention, awareness & support for individuals and families affected by the disease of addiction. Committee members meet the first Tuesday of each month 6pm-7:30pm; all are welcome. For meeting details or questions, contact Kim at the email above.

TRANSPORTATION

A+ MediTrans

23 Railroad Ave Albany, NY
(518) 433-7433

Action Transportation

632 Plank Rd
Clifton Park, NY
(518) 649-3366

Buzzy's Taxi

21 Essex St
Albany, NY
(518) 456-8294

Capital District Med Transport

203 Spruce St
Albany, NY
(518) 433-1600

Capital District Transportation Authority (CDTA)

www.cdta.org
(518) 482-8822

Lyft

www.lyft.com

Uber

www.uber.com

WEBSITES & SOCIAL MEDIA

Rensselaer County Website:

www.rensco.com

Rensselaer County Facebook:

<https://www.facebook.com/rensselaercounty>

Health & Human Services Facebook:

<https://www.facebook.com/RenssCntyHHS>

Sheriff's Department Facebook:

<https://www.facebook.com/renscosheriff/>

This guide is in collaboration with the Rensselaer County Department of Health and Rensselaer County Department of Mental Health. Suggestions for updates and additions can be submitted to the Public Health Director Leonard Claus at 518-270-2655 or lclaus@rensco.com