



RECOVERY SUPPORTIVE SERVICES

Resource Guide



RENSSELAER COUNTY MENTAL HEALTH SERVICES

Rensselaer County Department of Mental Health (RCDMH)

1600 7th Ave Troy, NY 12180 Website: www.rensco.com/departments/mental-health

Phone: (518) 270-2800 **Fax:** (518) 270-2723

Objectives: To develop and maintain a coordinated integrated continuum of services which permits all individuals to reach their personal potential and live their lives with dignity and independence. **Services Provided:** See below

Mental Health Children's Clinic (satellite locations throughout the county)

Phone: (518) 270-2800 **Fax:** (518) 270-2723

Services Provided: Individual and group therapy for children and families of Rensselaer County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Rensselaer County. Contact the Mental Health Clinic for additional satellite information.

Hours: Monday-Friday: 8 am – 5 pm with some evening hours available. Crisis Line – 24 hours: (518) 270-2800. **Target Population:** Ages 5 -21 **Eligibility Criteria:** Must be a resident of Rensselaer County

How to Apply for Services: Call 518-270-2800 and ask to schedule an intake assessment.

Mental Health Adult Clinic

Rensselaer Site- Phone: (518) 463-8869 **Hoosick Falls Site- Phone:** (518) 686-0694

Services provided: Individual and group therapy for Adults. In addition, we offer psychiatric evaluations and medication management.

Target Population: Ages 21 and up **Eligibility Criteria:** Must be a resident of Rensselaer County. **How to Apply for Services:** Call and ask to schedule an intake assessment.

Adult Care Coordination Services/ Health Home

Phone: (518) 270-2867

Services Provided: Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under Capital Region Health Connections Health Homes/SPHP. Building relationships outside of office walls. Care coordinators provide support, advocacy and education. This is done through connecting members with needed medical, behavioral and social services to support their overall health and wellness.

Hours: Monday - Friday: 8 am – 5 pm. **Target Population:** Adults, 18 years & older

Eligibility Criteria: Adults: serious mental health condition or HIV/AIDS or two chronic conditions including physical, mental health or substance use disorders.

How to Apply for Services: Contact the Adult Care Coordination Services Director (518)270-2687 or Capital Region Health Connections Health Homes (518)271-3010

SAMHSA (Substance Abuse & Mental Health Services Administration)

Phone: 1-800-662-HELP (4357)

Services Provided: SAMHSA is an agency within the US Department of Health and Human Services. Their national Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Website: www.findtreatment.samhsa.gov/locator.html

Children's Care Coordination Services/Health Home

Phone: (518) 270-2836

Services Provided: Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under three Health Homes

Hours: Monday - Friday: 8 am – 5 pm **Target Population:** Children

Eligibility Criteria: Children with serious mental health condition or two chronic conditions including physical, mental health or substance use disorders.

How to Apply for Services: Call the Child and Adult Care Coordination Services Director

Single Point of Access (SPOA)-Children

Phone: (518) 270-2948

Services Provided: Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

Hours: Monday – Friday, 9 am – 5 pm **Target Population(s):** Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community. **Eligibility Criteria:** Mental health diagnosis.

How to Apply for Services: Contact SPOA Coordinator for an application.

Single Point of Access (SPOA)-Adults

Phone: (518) 270-2829

Services Provided: The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

Hours: Monday - Friday, 9 am - 5pm. **Target Population(s):** Adults with serious mental illness who need assistance accessing residential and community services.

Eligibility Criteria: Adults with a serious mental illness.

How to Apply for Services: Contact SPOA Coordinator for an application.

MENTAL HEALTH COMMUNITY RESOURCE SATELLITE

Unity House of Troy- Human Service Agency with a Wide Range of Services

2431 6th Ave Troy, NY 12180

Phone: (518) 272-1611 Ext 4182

Services Provided: Unity House's Housing and Support Services Program provides ongoing case management services for adults living with mental illness, people living with HIV/AIDS and/or people with chemical abuse and domestic violence.

Hours: Monday-Friday, 8:30am—4:30pm **Target Population(s):** young adults and adults with mental illness and chemical abuse. **Eligibility Criteria:** Mental Illness and/or Chemical Abuse. Have a primary psychiatric diagnosis **How to Apply for Services:** Contact the Housing Support Services Program Director

Whitney Young Health Services

920 Lark Street Albany

Locations: Albany, Watervliet & Troy

Phone: (518) 465-4771

Services Provided: Integrated healthcare to address patient's behavioral health and physical health care needs.

Hours: Monday & Thursday 730am-6pm Friday 730am-5pm

Target Population(s): Adults, Adolescents, and Children.

Eligibility Criteria: behavioral health and physical health care needs.

How to Apply for Services: Contact the office

Samaritan Hospital-Inpatient/Outpatient/Crisis Psychiatric Services (St. Peter's Health Partners)

2215 Burdett Ave Troy, NY 12180 Phone Outpatient MH Clinic: (518)833-6470

Website: <http://www.sphp.com/behavioral-health-sam>

Phone Crisis: (518)271-3540 **Phone PROS:** (518)270-1122

Services Provided: acute inpatient psychiatric care, outpatient psychiatric services offered, Emergency Room/ Crisis Unit

Hours: Monday-Friday, 9am-4pm, with additional evening hours (Outpatient), Crisis Unit 24 hours through the Emergency Room.

Four Winds Hospitals

30 Crescent Ave Saratoga Springs, NY 12866

Phone: (518) 584-3600

Website: www.fourwindshospital.com

Services Provided: Inpatient and outpatient mental health services for children (age 5+), adolescents, and adults. Depending on insurance

Hours: Referrals can be made Monday-Friday 8am-5pm

Northern Rivers: Parsons Child and Family Center

Mobile Crisis Team for Children

Phone: (518) 292-5499

Website: https://parsonscenter.org/images/Mobile_Crisis_Response_Services.pdf

Services Provided: Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned. **Hours:** Weekdays 11am-9pm

Target Population: Children who appear to be in a mental health crisis situation.

Eligibility Criteria: Resident of Rensselaer County

How to Apply for Services: Call phone number provided above. Anonymous calls accepted

Northern Rivers Mobile Crisis Team for Adults

Phone: (518) 292-5499

Website: https://parsonscenter.org/images/Mobile_Crisis_Response_Services.pdf

Services Provided: Resident of Rensselaer County. Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

Hours: Monday-Friday 12am-9pm

Target Population: Adults who appear to be in a mental health crisis situation.

How to Apply for Services: Call phone number provided above.

NYS Emotional Support Line: 1-844-863-9314 MHEP Warm Line 1-800-643-7462

Ellis Medicine

1101 Nott Street Schenectady NY 12308 Crisis/Inpatient Services- (518)243-3300

Outpatient Mental Health Services – (518)243-3300

Child/Adolescents outpatient- (518)382-2290

Website: <http://www.ellismedicine.org/services/mental-health.aspx>

Services Provided: Inpatient, crisis intervention, adolescent treatment center, outpatient mental health clinic, personalized recovery oriented services, peer advocacy program and case management and family support.

RENSSELAER COUNTY SUPPORT SERVICES & GROUPS

Rensselaer County Recovery Helpline

Developed through the Rensselaer County Heroin Coalition, this helpline is staffed 7 days a week from 9am - 9pm by volunteers. Residents who need help for themselves or a loved one with substance use and or obtaining treatment can call for information, resources and referrals to area providers.

Email Contact: Rensco.helpline@gmail.com

Phone Contact: 1-833-HOPE-123 OR 1-833-467-3123

Elizabeth’s House for Women by Hope House, Inc.

106-108 9th Street Troy NY 12182

Phone: (518) 272-0206 ext 310

Website: <https://www.hopehouseinc.org/>

Services Provided: Elizabeth’s House is a 14 bed community residence for women age 18 and older who are seeking recovery from alcohol and other drugs. Residents will stay at Elizabeth’s House for an average of 6-12 months in an effort to gain the independent living skills necessary to begin living a sober life style. The variable length of stay is designed so that we can tailor each resident’s program to meet her individual treatment needs.

820 Supportive Living House

Phone: (518) 235-8397

820 River Street Troy, NY 12180

Services Provided: Sober living home , transitional living, halfway house, SLE and other recovery related services; sober living environment.

Al-Anon Family Groups

Website: www.al-anon.org

Email: wso@al-anon.org

Local Meeting: <http://al-anon.info/MeetingSearch/Al-AnonMeetings.aspx?language=EN>

Services Provided: Provide understanding and support to friends and families of problem drinkers.

Hope House, Inc.

Troy Location- 1724 Fifth Avenue Troy, NY 12180 Phone: (518)272-3918

Website: <https://www.hopehouseinc.org/>

Services Provided: Offers a continuum of care, including both outpatient and residential programs. Outpatient services offered at Troy, Hoosick Falls, and East Greenbush sites. Outpatient intensive evening and intensive day programs available in Troy. Outpatient services for adolescents offered at all three sites. Residential services offered for men and women.

Alcoholics Anonymous

Capital District Central Office: (518) 463-0906

Website: www.aa.org

Local Meetings: <http://meetings.aahmbny.org/index.php>

Services Provided: Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Conifer Park Troy Outpatient Clinic

2435 6th Avenue Troy, NY 12180

Phone: (518) 274-5143

Website: www.coniferpark.com

Services Provided: Conifer Park offers outpatient treatment at six clinics which operate under licenses granted by New York State OASAS. Outpatient centers offer a full array of services which include both gender-specific, teen programming, and Medication assisted treatment. Each outpatient site offers psychiatric services to facilitate a well-integrated recovery program for clients. These clinics provide a continuum of treatment for clients making the transition home from inpatient treatment or who are seeking support on an as-needed basis.

Inpatient Services

79 Glenridge Road Glenville, NY 12302 Phone: 1-800-989-6446

Website: www.coniferpark.com

Services Provided: Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location www.armsacres.com

Friends of Recovery-NY (FOR-NY)

1529 Western Ave Albany, NY 12203

Phone: (518) 487-4395

Email: familyrecovery@for-ny.org

Website: www.for-ny.org

Services Provided: Friends of Recovery – New York (FOR-NY) is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and employment; and we support the expansion of recovery support services for individuals and families.

COAST (Coordinated Opioid and Stimulant Treatment)

Website: www.cbhnetwork.com/COAST **Phone:** 1-866-518-4991

Purpose: COAST is a 24/7, 365 front door resource for individuals seeking MAT, ongoing treatment, care coordination, prevention, CRPA, and other services.

Services Provided: Funds are available for prescriptions, individuals & families in need of rapid access to MAT, bridge scripts, ongoing treatment, and support for direct service providers who work with individuals with opioid and stimulant use challenges. COAST also offers support during hospital discharge planning, law enforcement and EMS community response, individuals involved in the court system and for individuals being released from incarceration without MAT.

Nar-Anon Family Support Meetings

Website: <http://www.nar-anon.org>

Email: wso@nar-anon.org

Local Meetings: Chatham (Wed at 7pm, Christ Emmanuel Lutheran Church, 19 Park Row Chatham, NY 12037); meetings in Capital Region also. **Phone:** (518) 858-6124

Services Provided: The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope.

* Meetings were suspended due to Covid 19 Pandemic, working on alternate solutions. *

Narcotics Anonymous

Phone: (315)847-3842

Website: www.na.org

Local Meetings: <http://abcdrna.org/list-search/>

Services Provided: NA offers recovery from the effects of addiction through working a 12-step program, including regular attendance at group meetings. Group meetings provide help from peers and offer an ongoing support network for addicts who wish to reach and maintain a drug-free lifestyle.

St Michaels Church 49 Killean Park Albany, Ny. Last Thursday of each month 7pm

Rensselaer County Department of Mental Health- Substance Abuse Prevention and Recovery Services

1600 7th Ave Troy, NY 12180

Phone: (518) 270-2807

Webpage: www.rensco.com/departments/mental-health/student-assistance-program

Email: kdonvito@rensco.com

Services Provided: School and Community Based; Providers deliver a wide range of services including evidence-based education programs, prevention counseling and referrals, skills development workshops, training sessions for parents, teachers, and other professionals, positive alternative activities for youth and policy change and enforcement efforts to reduce drug and alcohol use.

Location: Averill Park CSD, Berlin CSD, East Greenbush CSD, Lansingburgh CSD, Rensselaer CSD, Troy CSD.

Level of Care for Alcohol and Drug Treatment Referral

Website: <https://www.oasas.ny.gov/treatment/health/locadtr/index.cfm>

Purpose: Web-based tool used by substance abuse treatment providers, Medicaid Managed Care plans, and other referral sources to determine the most appropriate level of care for a client with a substance use disorder.

State-Operated Addiction Treatment Centers (ATCs)

Website: <https://oasas.ny.gov/addiction-treatment-centers>

Purpose: Admission Criteria, full list of 12 ATC's, including address, list/link to catchment area map and contact info.

NYS Office of Alcoholism and Substance Abuse Services (OASAS)

1450 Western Ave Albany, NY 12203-3526

Phone: (518) 473-3460

Website: www.oasas.ny.gov

Services Provided: Oversees state-run treatment centers. Provides guidance, oversight, advocacy for persons affected by alcohol and/or substance use.

Samaritan Hospital Addiction Services (St. Peter's Health Partners)

1300 Massachusetts Ave Troy, NY 12180

Phone: (518)268-5542

Detox: (518) 268-5005

Website: www.sphp.com/addiction-smh

Inpatient Rehabilitation and Outpatient Detoxification Program

Services Provided: St. Mary's offers both inpatient and outpatient substance abuse services for adults, including Outpatient Detoxification for opiate dependence and a structured inpatient rehabilitation program. are currently accepting: Fidelis Care NY, CDPHP, and Medicaid/Medicare NY.

OASAS Provider Directory Search

Website: <https://webapps.oasas.ny.gov/providerDirectory/>

Purpose: Online database of all Certified Providers, searchable by Region, County, Zip Code and Program Type.

OASAS HOPEline

Phone: (877) 8HOPENY or (877)-846-7369

Text: HOPENY (467369)

Services Provided: Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. Crisis and motivational interviewing for callers in need; referrals to more than 1,500 local prevention and treatment providers; 48 hours call back to those who wish to be contacted; multi-lingual. All calls are confidential.

OASAS Bed Availability Dashboard

Website: findaddictiontreatment.ny.gov

Purpose: Search bed availability using a single criterion or any combination of county, city, organization, gender and age group. Residential only, not outpatient.

Rensselaer County Departments

Unified Family Services Dept. for the Aging Phone:518-270-2730

Directly provides a wide range of services to the County's senior citizens, with an emphasis on serving those most in need.

Employment & Training Assistance

Phone:518-270-2860

Brings together a variety of workforce development organizations & agencies with a primary goal of assisting residents of Rensselaer County & the Capital Region to gain employment & assist employers in finding qualified workers.

Veterans

Phone:518-270-2760

Provides services to veterans of Rensselaer County & their families. We provide information on available benefits, eligibility standards, and we assist in the completion of necessary paperwork.

Social Services

Phone:518-833-6000

Provides services including: Temporary Assistance, Supplemental Nutrition Assistance Program (SNAP), Medicaid, Home Energy Assistance Program (HEAP), Adult/Child Protective, Project HIRE & burial assistance if applicable.

Youth Department

Phone:518-266-7501

Provide youth ages birth to 21 with opportunities through positive leisure time activities and social intervention to grow and mature into responsible productive adults

STOP DWI NY of Rensselaer County

Phone:518-270-2961

Aim to improve the quality of life for residents by increasing public safety. A goal achieved by reducing alcohol & other drug-related injuries & fatalities by targeting alcohol & drug use through the creation & funding of programs relating to enforcement, prosecution, probation, rehabilitation, public information & administration.

PEER SUPPORT GROUPS

Smart Recovery

Website: www.smartrecovery.org

Local meetings in Rensselaer County (Weds. night) and Albany County (Thurs. night), SMART stands for Self-Management and Recovery Training and is a cognitive behavioral approach to recovery.

Renss County Mental Health All Recovery Meeting

Support group facilitated by a Certified Recovery Peer Advocate for anyone who has suffered with a substance use disorder and/or has been affected by addiction. All Recovery is for anyone practicing “any way” they see fit to recover. No RSVP needed.

Meeting is every Tuesday 6:30-7:30pm **BY ZOOM**

Meeting ID: 968 6057 1391 or dial 1-646-558-8656

In person meetings are held in the Rensselaer County Office Building last Tuesday of every month at 1600 7th Ave, Troy, 3rd floor conference room (enter rear of building)

Contact: Jesse Chapman, CRPA 518-925-8067 or jchapman@rensko.com

Gamblers Anonymous

Hotline (518) 292-0414

Website: www.gamblersanonymous.org or www.gam-anon.org

Heroin Anonymous

Hotline: (518) 227 0294

Website: heroinanonymous.org

Refuge Recovery

A Buddhist approach to recovery, meetings Saturdays at 10am in Albany at 45 Colvin Ave Albany **Website:** www.refugerecovery.org or www.capitaldistrictrecoverycenter.org

Contact: 518-487-4617

Renss County Department of Mental Health Peer Engagement Specialist

Phone: Office: (518)270-2857 Cell- (518-925-8067) - Jesse Chapman (CRPA) - Certified Recovery Peer Advocate) **Email:** jchapman@rensko.com

Recovery Services Provided: Provide support, encouragement and guidance in finding appropriate services to persons misusing substances and/or who are in recovery. The Peer Engagement Specialist develops brief service plans and provides referrals and linkages to needed services/supports. Peer Engagement Specialists are in Recovery, they have personal experience and expertise in addiction services. They tend to be especially effective with outreach and engagement of people who are struggling with recovery and/or have been reluctant to participate in services.

ADDICTION SERVICES OUTSIDE OF RENSSELAER COUNTY

St. Peter's Addiction Recovery

64 Second Ave Albany, NY 12202

Phone: (518) 449-5170

SPARC Cohoes

55 Mohawk St, Cohoes NY 12047

Phone: (518) 235-1100

Website: <http://www.sphcs.org/outpatientrehabilitation>

Services Provided: SPARC outpatient clinics provide care for persons and families experiencing drug and alcohol problems. We also include complicating medical, psychiatric, family and other issues in our treatment processes.

Addictions Care Center of Albany (ACCA)

90 McCarty Ave Albany NY 12202

Phone: (518) 465-5470 Website: www.theacca.net

Services Provided: Outpatient services offered including day rehab, a medically-supervised outpatient program, and an evening program. Community residences offered for men and women who are in early to later stages of recovery & Family Support Navigators to assist.

Capital City Rescue Mission

259 S. Pearl Street Albany NY 12202

Phone: (518) 462-0459 Website: <http://www.capitalcityrescuemission.com>

Services Provided: Free shelter, clothing, food (3 meals/day, 365 days/yr), clothing provided to residents in need. Addiction recovery program as well. Residents who participate in addiction recovery program are sheltered 9 months - 1 year.

Conifer Park

79 Glenridge Road Glenville NY 12302

Phone: 1-800-989-6446 Website: www.coniferpark.com/

Services Provided: Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location (www.armsacres.com). Open 24hrs

Cornerstone of Rhinebeck

91 Serenity Hill Road Rhinebeck NY 12572

Phone: (845) 266-3481

Website: www.cornerstoneny.com

Monday-Friday 730am-530pm/ sat 730am-4

Services Provided: Cornerstone offers inpatient rehab and medical detox. 24 inpatient units that operate 24/7.

Catholic Charities & Project Safepoint

100 Slingerland St Albany NY 12202

Helpline Phone: 1-866-930-4999

Website: www.projectsafepointcc.org

Services Provided: Opioid Overdose Prevention Training, Narcan kits available Rapid HIV/ HCV Screening (Incentives available for testing) free, anonymous, and confidential syringe exchange and safer injection supplies, treatment readiness counseling, risk reduction education, Buprenorphine access and peer support.

Alliance for Positive Health

927 Broadway, Albany NY 12207

Phone: (518) 434-4686

Monday-Friday 9-5

Website: <http://www.allianceforpositivehealth.org/programservices/>

Services Provided: Mental Health Education and Substance Abuse Outreach and Referral Services

Camino Nuevo-Substance Abuse/Rehabilitation

175 Central Ave, Albany NY 12206

Phone: (518) 729-5659 Website: <http://www.acacianetwork.org>

Monday-Friday 630am-2pm/ Sat-Sun 7-11am

Services Provided: Outpatient treatment and substance abuse counseling, Methadone and Suboxone

Mohawk Opportunities

201 Nott Terrace Schenectady NY 12307

Phone: (518)374-8424 Website: <http://www.mohawkopportunities.org/programs.html>

Monday-Friday 830am-430pm

Services Provided: Offers mental health services and housing

Capital Care Integrated Behavioral Health

2125 River Road, Suite 303 Niskayuna, NY 12309

Phone: (518) 881-1109

Monday-Friday 830am-430pm

Website: <https://www.communitycare.com/Practices/Summary?PracticeID=9011>

Services Provided: Drug Abuse and Addiction

Hometown Health

1044 State Street Schenectady 12303

Phone: (518) 370-1441

Monday-Thurs 7am-7pm/ Friday 7am-5pm

Website: <http://www.hometownhealthcenters.org/services/behavioral>

Services Provided: Our Behavioral Health Services team offers counseling for many common illnesses, such as Depression, Anxiety, ADHD, and Post-Traumatic Stress, and Substance abuse counseling.

Adirondack Health Institute

100 Glen St, Glens Falls 12801 Suite 1A

Phone: (518) 480-0111 Website: <http://www.ahihealth.org/healthhome/>

Services Provided: AHI is a New York State-designated lead Health Home and serves all ages. A Health Home is not a place; it is a care management service that connects community and social supports with health care, and provides better organization of medical and behavioral health care. A Health Home ensures all caregivers involved with a person talk to one another so they can focus on their client's needs.

Albany Medical Center

47 New Scotland Ave Albany 12208

Phone (518) 262-3125

Website: http://www.amc.edu/patient/services/childrens_hospital/

[pediatric_behavioral_health/contact_directions.cfm](#)

Services Provided: Albany Medical Center's developmental and behavioral health program is a part of the Pediatric Group. Open 24hrs

Saratoga Center for Family

359 Ballston Ave Saratoga Springs 12866

Phone: (518) 587-8008 **Website:** <http://www.saratogacff.org>

Monday 8am-5pm Tues 8am-7pm Wed 8am-6pm Thurs 8am-7pm Friday 8am-4pm

Services Provided: Saratoga Center for the Family offers individual and group counseling for children, families and adults at our agency office in Saratoga Springs and through our Student Empowerment Services at Shenendehowa Central Schools and South Glens Falls Schools.

Health Alliance of the Hudson Valley (Benedictine Hospital)

105 Mary's Avenue, Kingston, NY 12401

Phone: (845) 338-2500

Website: <https://www.hahv.org/addiction-substance-abuse-services>

Services Provided: Medical Detox, Inpatient Addiction Treatment Program, and Inpatient Rehab offered in a hospital setting. Outpatient treatment offered at Bridge Back of Kingston (Benedictine) Hospital in two locations: Kingston and Saugerties (845-943-6091).

Website: <https://www.hahv.org/addiction-substance-abuse-services>

Services Provided: Medical Detox, Inpatient Addiction Treatment Program, and Inpatient Rehab offered in a hospital setting. Outpatient treatment offered at Bridge Back of Kingston (Benedictine) Hospital in two locations: Kingston and Saugerties (845-943-6091). Open 24hrs

Hope House Inc.

573 Livingston Ave Albany, NY 12206

Phone: (518) 482-4673

Website: www.hopehouseinc.org

Services Provided: Bette Center is a 35-bed, co-ed, long-term residential intensive treatment program (261 N. Pearl St., Albany. 465-2441). Hubbard Centers are clinically-intensive residential communities for adolescents age 13-21 (573 Livingston Ave., Albany. 452-0001 (boys). 486-8965 (co-ed)). Outpatient services located at 747 Madison Ave., Albany (427-8207). Women and children's supportive 'halfway house' located at 890 Madison Ave., Albany (453-8351).

McPike Addiction Treatment Center

1213 Court Street Utica, NY 13502

Phone: (315) 738-4600

Website: <https://oasas.ny.gov/location/mcpike-addiction-treatment-center>

Monday-Friday 8am-4pm

Services Provided: A 68-bed, NYS-operated inpatient facility providing a proven individualized program of recovery for adult men and women who have a chemical addiction, serving 16 counties.

Mid-Hudson Addiction Recovery Centers, Inc. (MARC)

51 Cannon Street Poughkeepsie, NY 12601

Phone: (845) 452-8816 **Website:** www.marc.us.com

Services Provided: Crisis Center offers inpatient non-medical detox. Bolger House is a 24-bed men's residence. Florence Manor is a 24-bed female residence. Dowling House is a co-ed, 12-bed, supported housing environment.

New Choices Recovery Center

728 State Street Schenectady, NY 12305

Phone: (518) 346-4436 **Website:** www.newchoicesrecovery.org

Services Provided: Outpatient & residential services provided as well as a Peer Advocate.

Richard C. Ward Addiction Treatment Center

117 Seward St., Suites 12-16, Middletown, NY 10940

Phone: (845) 341-2500 **Website:** www.addicted/org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html

Services Provided: A NYS-operated, inpatient facility offering innovative treatment and services to aid in the recovery of addicts and their families. Ward ATC offers Acupuncture Services, a Specialized Women's Track, Dual Recovery Groups, and a new creative arts program called Innervisions to help addicts express feelings in healthy ways.

Samaritan Daytop Village

Administrative Headquarters: 138-02 Queens Blvd., Briarwood.

Phone: (718) 206-2000 or 1-800-532-HELP (4357) **Website:** www.samaritanvillage.org

Services Provided: In late 2015, Daytop Village, Inc merged with Samaritan Village. All levels of care provided. Long term residential treatment programs in Ellenville and Rhinebeck.

St. Joseph's Addiction Treatment Center

159 Glenwood drive Saranac Lake, 12983

Phone: (518) 891-3950 or (877) 813-8647 **Website:** <http://www.stjoestreatment.org>

Services Provided: Inpatient and outpatient treatment and aftercare services offered to men, women, teens and their families, veterans in several locations in NYS.

St. Mary's Healthcare Addiction Services

427 Guy Park Avenue Amsterdam, NY 12010

Phone: (518) 841-7325

Website: www.smha.org/our-doctors/addiction-services

Services Provided: Medical alcohol detox provided at St. Mary's hospital in Amsterdam. 24/7 crisis hotline (842-9111). Text Crisis 24/7 number: 741-741 Inpatient rehab (St. Joseph's Hall) at St. Mary's hospital location (841-7325). Services offered: opioid treatment, including Methadone Maintenance Treatment Program, outpatient clinic services inc. services for dually diagnosed, evening rehab offering intensive alcoholism treatment four evenings a week.

St. Peter's Addiction Recovery Center (SPARC)

3 Mercy care Lane Guilderland, NY 12084

Phone: (518) 452-6700

Website: www.sphcs.org

Services Provided: Medical detox offered at St. Peter's hospital in Albany. Outpatient services available for those ages 18+ in six facilities (located in Albany, Schenectady and Saratoga counties). Inpatient treatment available at Guilderland location. SPARC also operates a men's community residence in Albany County. Adolescents (age 13-18) can seek treatment at one of four different outpatient facilities (Latham, Cohoes, Saratoga Springs, Schenectady).

Mental Health Association of Columbia- Greene Counties Youth Clubhouse

Hudson Site: 802 Columbia Street Suite 2 Catskill Site: 445 Main St.

Phone: (518) 828-6700

Phone: (716) 984-837

Website: www.mhacg.org/services/children-families/

Facebook: Youth Clubhouse of Columbia-Greene Counties

Services Provided: The Clubhouses provide a safe, supportive, alcohol and drug free environment for its members. Peer driven activities will promote health, wellness, and long-term recovery.

Hours: Thurs 3-9pm, Fri/Sat 3-10pm (Days and hours subject to change)

Target Population: Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder.

Catholic Charities of Columbia and Greene Counties

Columbia Co.: 431 East Allen Street, Hudson, NY 12534

Phone: (518) 828-8660

Greene Co.: 66 William Street, Catskill, NY 12414

Phone: (518) 943-1462

Email: info@cathcharcg.org **Website:** www.catholiccharitiescg.org

Services Provided: Alcohol and Substance Use Prevention Program (school-based); provide information and referral services.

Twin County Recovery Services, Inc.

350 Power Avenue Hudson, NY 12534. 428 W. Main St. Catskill, NY 12414

Phone: (518) 751-2083 ext. 320 **Website:** www.twincountyrecovery.com

Services provided: Outpatient clinics (addiction medications, including Vivitrol and Suboxone prescribed), community residences, community prevention, Drinking Driver Program, Jail Addiction Counseling Services (at Columbia County Jail).

Target Population: Individuals with alcohol and substance abuse problems.

Columbia County Community Healthcare Consortium

325 Columbia St., Suite 200, Hudson, NY 12534 Phone: (518) 822-8820

Website: www.columbiahealthnet.org

Monday-Thurs 830am-4pm

Services Provided: The Healthcare Consortium helps residents in Columbia and Greene Counties to get and stay healthy by increasing their access to healthcare services. Services include: Assistance enrolling in health insurance, including Medicaid, Child Health Plus and the Essential Plans, help getting low or no –cost prescription medications; information about long-term services and supports; and, non-emergency medical transportation (Columbia County residents only).

Columbia County Pathways to Recovery

PO Box 486 Chatham, NY 12037

Phone: (518) 966-2775

Email: columbiapathwaystorecovery@gmail.com

Website: www.columbiapathwaystorecovery.org

9am-9pm 7 days a week

Services Provided: CPR is a Recovery Community Organization (RCO), a grassroots group responding to the need for education, awareness, advocacy and change in regard to addiction in Columbia County. Monthly meetings are open to the public and geared towards finding and increasing pathways to recovery.

NARCAN (NALOXONE)

Naloxone is an emergency medicine that can stop an opioid overdose

N-CAP: The N-CAP co-payment reimbursement process is open to any valid prescription or standing order for anyone with prescription coverage. There are no enrollment requirements for individuals. If you have insurance you can use N-CAP to cover up to \$40 in prescription co-payments so there are no or lower out-of-pocket expenses when getting naloxone at a participating pharmacy.

Rensselaer County Department of Health

Rensselaer County Department of Health currently offers free in-person and virtual Narcan (Naloxone) training to the community. Upon completion of the training, you will receive a card to certify that you have completed the training, as well as an overdose kit with Narcan included. These trainings are available to the general public, as well as community organizations seeking to train their staff in the importance of administering Narcan to prevent an overdose.

Please Contact: (518) 270-2655 for more information and to schedule a training.

NALOXONE NOW Program

Rensselaer County can provide a curbside delivery to your home Monday thru Friday 8am-4pm of Naloxone (NARCAN). Most request are delivered within 24 hours.

Text the word “NARCAN” to 21000 to arrange for delivery.

Project Safe Point

These trainings are open to the general public; learn the signs and symptoms of Heroin and Opioid overdose. Learn how to use Intramuscular Naloxone to respond to an overdose. Each individual will receive a Naloxone kit as part of the training and the training is free and will be completed in one hour. **Phone:** (518)449-3581

COMMUNITY COALITIONS

Rensselaer County Heroin Coalition

Website: <https://www.rensco.com/326/Rensselaer-County-Heroin-Coalition>

Phone: 518-270-2655

Email: mwachunas@rensco.com

Established in 2016, The Rensselaer County Heroin Coalition meets every 6 weeks with a panel of guest speakers who share their expertise in topics that allow the members to gain knowledge, ask questions and network. We also have guest speakers who share their personal experience with addiction, recovery and overdose. This is a community based & county wide coalition; all are welcome to attend. To be added to the listserv & kept up to date on meetings, please call the Rensselaer County Department of Health at 518-270-2655.

Troy Drug Free Community Coalition

Website: <https://www.Troydfcc.org> OR [//Facebook.com/TroyDFCC](https://Facebook.com/TroyDFCC)

1700 7th Avenue Troy NY 12180 **Email:** Tarasha.troydfcc@gmail.com

The Troy Drug Free Community Coalition is a partnership of concerned community members organized for the purpose of reducing substance abuse among young people with a vision of building a healthier, safer, more prosperous community for all in the city of Troy.

Troy Drug Free Community Coalition (CONTINUED)

Services Provided: Education and Outreach to the community on drug prevention strategies utilizing the strategic prevention framework. Youth education & outreach via the DREAM (Drug Resistance Education & More) Team utilizing the youth to youth model and order to create future leaders by providing leadership development training & opportunities in the community. The coalition meets monthly on the last Monday of the month. We are always seeking new members Please email: Tarasha.troydfcc@gmail.com in order to get added to the coalition's email list and to receive updates on Coalition Events.

NØPIATES Committee

Website: <https://www.nopiates.com/>

PO Box 359 West Sand Lake, NY

Phone: 518-522-2097

Email: nopiatesevents@gmail.com

The NØPIATES Committee is a local grassroots organization developed by dedicated community members committed to raising addiction awareness. Devoted members work towards ending the shame and stigma associated with the disease of addiction. The Committee aims to raise awareness of the opioid epidemic, provide support & advocate for those who have been affected by substance use disorders.

Services Provided: Offer educational & memorial events that focus on prevention, awareness & support for individuals and families affected by the disease of addiction. Committee members meet the first Tuesday of each month, all are welcome. For meeting location or additional information please email: nopiatesevents@gmail.com

TRANSPORTATION

A+ Medi Transportation

23 Railroad Avenue, Albany, NY

Phone: 518-433-7433

Uber

Website: www.uber.com

Create an account online

Lyft

Website: www.lyft.com

Create an account online

Empire Taxi Medical Transport

1st Street, Rensselaer, NY

Phone: 518-605-8490

Buzzy's Taxi

21 Essex Street, Albany, NY

Phone: 518-456-8294

Capital District Med Transport

203 Spruce Street, Albany, NY

Phone: 518-433-1600

Action Transportation, Inc.

Serves Clifton Park Area

Phone: 518-649-3366

Capital District Transportation Authority (CDTA)

Website: www.cdta.org

Phone: 518-482-8822

ASAP Medical Cab

123rd Street, Troy, NY

Phone: 518237-2727

WEBSITES & SOCIAL MEDIA PAGES

Rensselaer County: www.rensco.com

Rensselaer County Health & Human Services: <https://www.facebook.com/RenssCntyHHS>

Rensselaer County Sheriffs Department: <https://www.facebook.com/renscosheriff/>

Rensselaer County: <https://www.facebook.com/rensselaercounty>

This guide is in collaboration with the Rensselaer County Department of Health and Rensselaer County Department of Mental Health. Suggestions for updates and additions can be submitted to Public Health Director Maryfran Wachunas at 518-270-2655 or mwachunas@rensco.com