

2nd Wednesday of the month 6:00 pm

Capital Living and Rehabilitation Nursing Center
526 Altamont Ave, Rotterdam
Facilitator: Bill Fahy | (518) 346-6121

Spanish Speaking

1st Wednesday of the month 6:00 pm

Tesoros Café
1712 Union Street
Facilitator: William Hinrichs
(518) 867-4999 ext. 203

SCHOHARIE COUNTY

2nd Friday of the month 1:00 pm

Cobleskill Regional Hospital
Cafeteria Conference Room
178 Grandview Drive, Cobleskill
Facilitator: Ann Thayer | (607) 547-1650

WARREN COUNTY

3rd Thursday of the month 6:30 pm

The Glen at Hiland Meadows
39 Longview Dr., Queensbury
Facilitator: Peggy MacArthur
(518) 793-2377

1st Wednesday of the month 6:00 pm

The Landing at Queensbury
27 Woodvale Rd., Queensbury
Facilitator: Lindsay Stanislawski
(518) 793-5556

2nd Thursday of the month 6:00 pm

Tri-County Nursing Home
112 Ski Bowl Rd, North Creek
Facilitators: Jessica Hitchcock & Angie Mainer
Contact: William Hinrichs
(518) 867-4999 ext. 203

4th Thursday of the month (6/2017) 1:30 pm

Conkling Center
79 Warren Street, Glens Falls
Facilitators: Kym Hance
Contact: Kym Hance
(518) 867-4999 ext. 215

WASHINGTON COUNTY

3rd Tuesday of the month 1:30 pm

Fort Hudson Nursing Center
319 Broadway, Fort Edward
Facilitator: Kym Hance (518) 867-4999 ext. 215
& Amanda Kostyk 518-747-2811 ext. 217

WHY JOIN A SUPPORT GROUP?

Support groups are groups of people who get together regularly to talk about issues relating to Alzheimer’s disease. Groups combine social, educational and support components and are facilitated by trained individuals.

The Alzheimer’s Association of Northeastern New York sponsors support groups in the counties we serve, and many different organizations collaborate with us to offer support groups throughout each community.

Support groups are a safe, confidential, supportive environment where you can find support, encouragement, and wisdom from others with similar experiences. You’ll also get education and the latest information about dementia and will develop skills to solve problems.

You will be encouraged to maintain your own personal, physical and emotional health as well as provide the best care for your loved one with dementia. Groups also give you a much needed break from caregiving responsibilities. Some groups may be topic-specific, such as grief or early stage, while others are more general in nature.

Please feel free to contact the group facilitator to find out if a particular group would be a good fit for you. Or call us at (518) 867-4999 or (800) 272-3900 for more information.

alzheimer’s  association

Northeastern New York Chapter
the compassion to care, the leadership to conquer®

2016 Caregiver Support Group Meetings



Alzheimer’s Association of Northeastern New York

*4 Pine West Plaza
Suite 405
Albany, NY 12205*

**24-hour helpline
(800) 272-3900
www.alz.org/northeasternny**

ALBANY COUNTY

3rd Monday of the month 9:00 am

Bright Horizons at the Beltrone Center
6 Winners Circle, Colonie
Facilitator: Maura Fleming
(518) 867-4999 ext. 209

*For respite call (518) 459-2857

Last Wednesday of the month 2:30 pm

Alzheimer's Association NENY office
4 Pine West Plaza, Suite 405, Albany
Facilitators: Beth Boivin and Erica Salamida
Contact: William Hinrichs
(518) 867-4999 ext. 203

1st & 3rd Thursday of the month 2:30 pm

Eddy Cohoes Campus
421 Columbia St., Cohoes, Building 300
Facilitator: Sandy Monahan
(518) 238-4167

*Pre-registration suggested

4th Wednesday of the month 10:30 am

Bethlehem Town Hall
445 Delaware Ave., Delmar
Facilitator: Jane Sanders
(518) 439-4955 ext. 174

1st & 3rd Wednesday of the month 1:00 pm

Christ the King Church
20 Sumter Ave, Guilderland
Facilitator: Sue Griffith | (518) 456-2898

1st & 3rd Tuesday of the month 10:00 am

Marjorie Doyle Rockwell Center
421 Columbia St., Cohoes
Facilitator: Sandy Monahan
(518) 238-4167 or sandra.monahan@sphp.com

*Group is for husbands

COLUMBIA COUNTY

2nd Monday of the month 2:00 pm

Whittier Rehabilitation & Skilled
Nursing Center
1 Whittier Way, Ghent
Facilitator: Molly McCann
(518) 867-4999 ext. 224

DELAWARE COUNTY

2nd Monday of the month 2:00 pm

The United Ministry of Delhi
46 Church St., Delhi
Facilitator: Ann Thayer | (607) 547-1650

FULTON COUNTY

2nd Thursday of the month 4:00 pm

Healthlink Littauer
2 Colonial Ct., Johnstown
Facilitators: Leslie Beadle & Leslie Ackerknecht
(518) 773-5617

GREENE COUNTY

1st Wednesday of the month 3:00 pm

Pines at Catskill Center for Nursing and
Rehabilitation
154 Jefferson Heights, Catskill
Facilitator: Karla Flegel
Contact the Pines: (518) 943-5151

3rd Wednesday of the month 6:00 pm

Heermance Memorial Library
1 Ely St, Coxsackie
Facilitator: Karla Flegel
Contact William Hinrichs
(518) 867-4999 ext. 203

MONTGOMERY COUNTY

4th Tuesday of the month 10:00 am

Arkell Center, 55 Montgomery St., Canajoharie
Facilitator: Joan Cimino (518) 673-4408

1st Tuesday of the month 6:00 pm

St. Mary's Healthcare – Memorial Campus
Wilkinson Conference Rm. – use rear entrance
4988 State Route 30, Amsterdam
Facilitator: Michelle Wetsky
(518) 867-4999 ext. 209

3rd Thursday of the month 3:00 pm

River Ridge Living Center
100 Sandy Dr., Amsterdam
Facilitator: Meagan DeMento
(518) 867-4999 ext. 216

OTSEGO COUNTY

1st Thursday of the month 12:00 pm

The Plains at Parish Homestead
163 Heritage Circle, Oneonta
Facilitator: Cindy Ploutz | (607) 435-2252
*Respite available with 24-hour notice

3rd Wednesday of the month 1:30 pm

St James Church
305 Main St., Oneonta
Facilitator: June Kilpatric | (607) 610-4027

RENSSELAER COUNTY

1st Tuesday of the month 1:00 pm

Hawthorne Ridge
32 Community Way, East Greenbush
Facilitator: Molly McCann
(518) 867-4999 ext. 224

SARATOGA COUNTY

2nd & 4th Wednesdays monthly 1:00 pm

Christ Community Reformed Church
1010 Route 146, Clifton Park
Facilitator: Carole Beauregard | (518) 399-3262

3rd Thursday of the month 2:00 pm

Beacon Pointe Memory Care Community
1 Emma Lane, Clifton Park
Facilitator: Gina Lloyd | (518) 371-2200

2nd & 4th Tuesdays monthly 2:00 pm

First Presbyterian Church
199 Palmer Ave, Corinth
Facilitator: Rev. John Aldridge | (518) 654-9432

3rd Thursday of the month 12:00 pm

Halfmoon Senior Center
287 Lower Newtown Rd., Halfmoon
Facilitators: Fran Gordon & Beverly Ross
Contact: Senior Center | (518) 371-3892

3rd Thursday of the month 10:30 am

Saratoga Senior Center
5 Williams Street, Saratoga Springs
Facilitators: Debra Openhoff and Kym Hance
(518) 584-5885

SCHENECTADY COUNTY

3rd Tuesday of the month 6:00 pm

Kingsway Manor Assisted Living
357 Kings Road, Schenectady
Facilitator: Nicole Klaiber
(518) 393-4304 ext. 408

2nd Monday of the month 6:30 pm

Glenville Branch Library
20 Glenridge Rd., Glenville
Facilitators: Linda Mertz, MSW & Shirley
Morehouse
Contact: Maura Fleming
(518) 867-4999 ext. 209

2nd Thursday of the month 12:00 pm

Schenectady County OFA
107 Nott Terrace, Schenectady
Facilitator: Cathryn Bern-Smith
Contact:
Cathryn.Bern-Smith@schenectadycounty.com
518.382-8481 x 9-313

*Respite available with one day notice