

Unified Services, Rensselaer County Mental Health Department provides the following programs directly to Rensselaer County residents:

Substance Abuse Prevention,  
Intervention and Treatment Services

Unified Services for Children & Adolescents

Family Treatment

Forensic Services

Rensselaer City Center Outpatient Treatment

MICA Services & Outreach

Court Consultation

Hoosick Falls Satellite Outpatient Treatment

Intensive and Supportive Case

Management for Adults & Children

Private Proprietary Homes for Adults

Home and Community Based Service Coordination (HCBS)

## Affiliate Locations:

Rensselaer City Clinic

1641 3<sup>rd</sup> St., 2<sup>nd</sup> Fl.

Rensselaer, NY 12144

518-463-8869

Hoosick Falls Satellite

69 Church Street

Hoosick Falls, NY 12090

518-686-0694

Family Court Unit

1504 Fifth Avenue

Troy, NY 12180

518-270-3761

Rensselaer County Jail

4000 Main Street

Troy, NY 12180

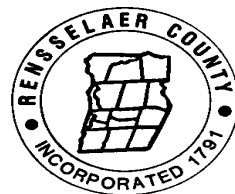
518-270-5448

Probation Offices

500 Broadway

Troy, NY 12180

518-271-0710



*Rensselaer County Unified  
Services  
Department of Mental Health*

*The Mission of Unified Services, Rensselaer County Department of Mental Health is to promote excellence in the delivery of county-based mental hygiene.*

*Committed to excellence, we provide comprehensive mental hygiene services that promote individual growth, interpersonal functioning, rehabilitation and recovery.*



**Kathleen M. Jimino, County Executive  
Katherine Maciol, Commissioner**

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Troy, New York 12180  
Tel: 518-270-2800  
Fax: 518-270-2723**

## **Substance Abuse Prevention, Intervention and Treatment**

**Services:** The Department of Mental Health provides the following drug abuse programs:

**Prevention:** A Student Assistance Prevention Education Program provides substance abuse prevention activities in elementary schools. Services include curriculum presentations, assessments, group counseling, referrals and crisis intervention. This program is funded through New York State Office of Alcoholism and Substance Abuse Services and schools. A Community Prevention Coordinator assists community coalitions to create strategies that address its risk and protective factors.

**Student Assistance Program (SAP):** Currently operating in secondary schools the Student Assistance Program provides short term individual and group counseling, assessment, crisis intervention and referral. Services also include educational presentations, and consultation with parents, school staff and related community individuals. This program is funded through New York State Office of Alcohol and Substance Abuse Services and schools.

**Outpatient Drug Free Clinic:** Two full time Substance Abuse Specialist provide assessment, individual and family and group therapy, court ordered evaluations, information, referral and consultation services. These treatment services can be provided in Troy and Rensselaer

**Mental Health Services**—Unified Services for Children and Adolescents: Comprised of multi disciplinary teams, Unified Services for Children and Adolescents provides comprehensive mental hygiene care to youngsters aged birth to 18 (if still in school) and their families. Multi-disciplinary teams provide comprehensive assessment, diagnostic evaluation individualized therapy. Staffing includes two child psychiatrists, psychologists, social workers, and a rehabilitation counselor. Specialized services include parenting groups and sexual abuse treatment. Counseling, medication and case management services are provided to developmentally disabled children and their families. Sites include Troy, Rensselaer, Berlin, and Hoosick Falls. A Family Court unit provides consultation to the Family Court Judges.

**Family Treatment Program:** Provides counseling to parents and family members of persons receiving services in the Children and Adolescent Clinic or Substance Abuse programs. Family Treatment Program offers individual, group, family treatment, pharmacotherapy, referral, consultation, treatment planning, diagnostic evaluation and psychiatric rehabilitation assessment and intervention.

**Forensic Services:** This program provides a full time Forensic Coordinator, Discharge Planner and a Psychiatrist for the Rensselaer County Jail. The functions of this program include: crisis management, diagnostic evaluation, comprehensive treatment planning, individual and group counseling, referral and aftercare planning, in-service training and consultation to Correctional Staff and staff of associated agencies, psychiatric consultation and evaluation, as needed.



**Rensselaer City Clinic:** This outpatient clinic is located in the city of Rensselaer. The clinic provides mental health and drug abuse services to residents in the southern portion of Rensselaer County. A multi-disciplinary team provides psychiatric consultations, pharmacotherapy, individual and group counseling. The clinic has two satellite locations at the Rensselaer School District and the Berlin Central School District. Staff from the children's unit provide services at the Rensselaer site. Specialized MICA services are available.

**MICA Services & Outreach:** Provides outpatient treatment to individuals with co-occurring disorders: mental illness and chemical addiction. Integrated services include evaluations, individual and group therapy, pharmacotherapy, vocational rehabilitation, consultation, and referral. Outreach to engage consumers with MICA needs are offered at various community locations such as Rensselaer County Jail, Joseph's House & Shelter, the YWCA, and Bethany Hospitality Center.

**Court Consultation:** County Staff Psychiatrists provide mental health consultation and Court Ordered evaluations for the Courts within the County. The Director of Clinical Administration is responsible for the overall supervision of the consultation function.

**Hoosick Falls Satellite:** This program serves adults and children in the eastern portion of Rensselaer County. The Satellite is located in the town of Hoosick Falls. Multi-disciplinary staff provides diagnostic assessment, individual, family and group therapy, pharmacotherapy, crisis intervention, geriatric outreach, case management services, rehabilitation counseling and specialized alcohol and drug abuse treatment.

**Intensive & Supportive Case Management for Children and Adults:** Specialized teams are designed to serve severely and persistently mentally ill adults and seriously emotionally disturbed children and adolescents. This 24 hours a day program provides aggressive outreach and support to individuals who require supportive services in the community, overuse emergency room and inpatient services or drop out of services. A separate team serves children at risk of hospitalization or placement. These programs have the capacity to provide wrap around services.

**Adult Home Services:** Private Proprietary Homes for Adults (PPHA) and Supportive Case Management (SCM). PPHA and SCM provide on site rehabilitation services to adults living in Adult Homes through out the County. The SCM program will provide intensive services to individuals who have more serious problems. There is also a peer support counselor. There are 7 Adult Homes ranging in capacity of 4 to 150 residents. Access to the mental health program is by referral from the caregiver or outpatient programs.

**Home and Community Based Services (HCBS):** This program provides service coordination and the necessary supportive services to youngsters who require residential habilitation and specialized supportive services in order to live in the community successfully with their families.

All programs have a 24 hour on-call capacity with professional staff assisting clients with urgent situations.