

RENSSELAER COUNTY DEPARTMENT OF HEALTH FLU VACCINE LOCATOR

SEASONAL FLU VACCINE

NOTE: Your own doctor may be your best option for getting seasonal flu vaccine. Many health care providers have received supplies of seasonal flu vaccine, while other providers are still waiting to receive their vaccine.

Rensselaer County Department of Health does have seasonal flu vaccine available at their Tuesday and Thursday clinics (see times below)

Check with your regular health care provider to see if he/she will offer their patients the seasonal flu vaccine. There may also be other sources of seasonal flu vaccine available locally, such as pharmacies and other retail outlets. Check <http://www.flucliniclocator.org/> to see if there is any vaccine clinics scheduled at retail outlets near you.

H1N1 FLU VACCINE

WHO SHOULD GET VACCINATED AGAINST H1N1 FLU?

H1N1 vaccination is now recommended for **ALL** New Yorkers over 6 months of age, not just those in the initial priority groups. This includes senior citizens age 65 and older.

AM I ELIGIBLE TO GET THE H1N1 FLU VACCINE?

Yes. New York State is now making the vaccine available to ALL New Yorkers. During the first phase of New York's statewide vaccination campaign, when supplies of vaccine were limited, the State designated the H1N1 vaccine for priority groups considered at highest risk of serious illness and complications from the flu and those at risk of transmitting the flu to vulnerable individuals. Now that there is an adequate supply of vaccine, the State has expanded access to the vaccine to ALL New Yorkers.

NOW IS THE TIME TO GET VACCINATED!

The H1N1 flu season is far from over. H1N1 flu activity is still widespread in New York State. Typically, the most flu activity occurs from January through March, and the flu season runs until May. Getting vaccinated now will provide protection for you against H1N1 flu for the rest of the season this winter and spring.

THE H1N1 VACCINE IS SAFE.

The H1N1 vaccine will NOT make you sick, but the flu WILL. Like the seasonal flu vaccine, the H1N1 vaccine has a very good safety record. Most people who receive the H1N1 flu don't experience any symptoms afterwards; some feel a temporary mild soreness in the arm. The nasal spray vaccine is also safe, effective, and easy to use.

WHERE CAN I GET THE VACCINE?

The vaccine is available from many health care providers, community health centers, and now pharmacies. Check www.flu.gov to see if any vaccine clinics are scheduled at retail outlets near you.

Rensselaer County Department of Health holds H1N1 immunization clinics for the public every Tuesday from 2-4 PM and Thursday from 9-11 AM at the Rensselaer County Department of Health. Check this website frequently for information on additional scheduled clinics.