

Rensselaer County Department of Unified Family Services - AGING
HOOSICK FALLS SENIOR CENTER, 69 CHURCH STREET, HOOSICK FALLS, NY 12090 Phone 686-7561
MARCH 2010 ACTIVITIES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
(1)	(2)	(3)	(4)	(5)
10:00 – Mystery Bingo 12:45 – Monthly Business Meeting 2:00 – Exercise Class	10:30 – Card Party Local Grocery Shopping Van Transportation	9:15 – Van leaves to swim at Benn. Rec. Center 10-2-Motor Vehicles available 1:00- Exercise Class	10:00 – Bocci 12:45 – Bingo Van Transportation Local Grocery Shopping	9:30 Van Shopping to the Mall Cards – Pitch and King’s corner throughout the day.
(8)	(9)	(10)	(11)	(12)
10:00- Mystery Bingo 1:00- Exercise Class AARP Taxmen available 9:00-2:00 sign up in office	10:30- Card Party Local Grocery Shopping Van Transportation Health Dept. available 9:00am Pac Meeting – 10:00 am	9:15- Van leaves for swimming ROUSE Meeting - Schodack 10:00 to 2:00- Motor Vehicles 1:00- Exercise Class	Special Dinner Day “St. Patrick’s Day”- Peggy Vogt on Keyboard 12:30 Good Food Ideas – 11:30 10:00- Bocci - Bingo in A.M.	Cards-Pitch and King’s Corners throughout the day. Crafts – Sponsored by Fidelis- 11:00 A.M.
(15)	(16)	(17)	(18)	(19)
10:00 – Mystery Bingo 1:00 – Exercise Class AARP Taxmen available 9:00-2:00 sign up in office	10:30- Card Party Local Grocery Shopping Van Transportation SHARE Meeting- 9:30- Troy	9:15-Van leaves for swimming at the Bennington Rec. Center Presentation: Care Transitions for Medicare Patients- 12:30am Exercise to Follow	10:00 – Bocci 12:45 – Bingo Local Grocery Shopping Van Transportation	9:30 – Van Sopping to the Mall Cards- Pitch and King’s Corners throughout the day.
(22)	(23)	(24)	(25)	(26)
10:00 – Mystery Bingo 1:00 – Exercise Class	10:30-Card Party Local Grocery Shopping Van Transportation	9:15- Van leaves for swimming at the Bennington Rec. Center 10:00-2:00 Motor Vehicles 1:00- Exercise Class	10:00- Bocci Bingo in A.M. Local Grocery Shopping Van Transportation MVP Presentation: Health & Humor “Life is a Ball” – 12:30	Cards-Pitch and Corners throughout the day. Hudson Valley Flower Show (sign up to go)
(29)	(30)	(31)		
10:00 – Mystery Bingo 1:00 – Exercise Class	10:30 – Card Party Local Grocery Shopping V an Transportation	9:15 – Van leaves for swimming at Benn. Rec. Center 10:00 – 2:00 Motor Vehicle 1:00 – Exercise Class		

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**THE Wii IS HERE!!!
COME IN AND PLAY!!!!**

**THE HOOSICK FALLS SENIOR CENTER
MARCH 2010 CALENDAR**

**COME EXERCISE WITH US
PACE EQUIPMENT
AVAILABLE 9:00 TO 3:00**



WELCOME NEW MEMBERS...

***COME AND SEE WHAT WE
HAVE TO OFFER FOR
YOU!!!!***

UPCOMING TRIPS

***No scheduled trips
at this time.***

