

RENSELAER COUNTY'S EVERETT WAGAR SENIOR CENTER IN GRAFTON

Director: Penny Jones



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JULY 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Highlights / Details
			1 Water Aerobics 1:00 Stephentown Seniors Mtg	2 *Transportation 10:30 Exc. Mtg 11:00 Membership meeting 1:00 Strawberry Festival Sponsored by CDPHP 7:00 Line Dancing	IMPORTANT REMINDERS:
5 CENTER CLOSED Happy 4th of July 	6 Water Aerobics 6:30 Line Dancing	7 *Transportation Yoga Canceled 10:00 Picnic Town Park 10:30 Entertainment 11:00 Hair Cuts by appt. Sponsored by Fidelis	8 Water Aerobics 1:00 Quilters	9 *Transportation 10:30 Blood Pressure Clinic 1:00 Bingo 7:00 Line Dancing Sat. July 10 Flea Market/Bake Sale	 Strawberry Festival Friday July 2, 1:00 pm Chair Yoga canceled on July 7, 12. and 14. Picnic in Grafton Town Park - Wednesday, July 7, 10:00 am Flea Market/Bake Sale Saturday July 10, 9:00 am Please sign up to Bake or Work, Thank you
12 *Transportation Yoga Canceled 10:30 Mahjong	13 Water Aerobics 6:30 Line Dancing 6:00 Petersburg Club, no mtg. Christmas in July	14 *Transportation Yoga Canceled 11:00 Entertainment 12:00 Special Dinner 1:00 Bingo/Wii Bowling 7:00 Merry-makers Mtg	15 Water Aerobics 10:00 am – 3:00 pm Northern Tier Picnic St Staninlaw Polish Hall 1:00 Stephentown Seniors meeting Extra Van Day	16 *Transportation 11:00 Good Food Ideas 1:00 Bingo 7:00 Line Dancing	This is a fund raiser for your Senior Center Special Dinner Wednesday July 14, - entertainment 11:00 am Northern Tier Picnic Thursday July 15, Hoosick Falls - Transportation available Good Food Ideas date change to Friday July 16, 11:00 am. Make Your Own Day, Friday July 30, 11:00 am
19 *Transportation 9:30 Chair Yoga 10:30 Mahjong	20 Water Aerobics 6:30 Line Dancing	21 *Transportation 9:30 Chair Yoga 10:00 Hair Cuts by Appt. 10:30 Crafts 1:00 Bingo 1:00 Wii Bowling	22 Water Aerobics Cards and Visiting 9 am - 3 pm Monday - Friday 9:00 am Quilters	23 *Transportation 1:00 Bingo 7:00 Line Dancing	
26 9:30 Chair Yoga 10:30 Mahjong	27 Water Aerobics Cards and Visiting 9 am - 3 pm 6:30 Line Dancing	28 *Transportation Hair cuts. styles pedicure and manicures by appointment 9:30 Chair Yoga 1:00 Bingo/Wii Bowling 7:00 Berlin Club mtg	29 Water Aerobics Cards and Visiting 9am - 3 pm Monday - Friday	30 *Transportation 11:00 Make Your Own Day-Pizza & Sundaes 1:00 Bingo 7:00 Line Dancing	