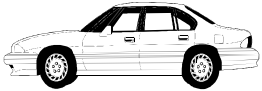
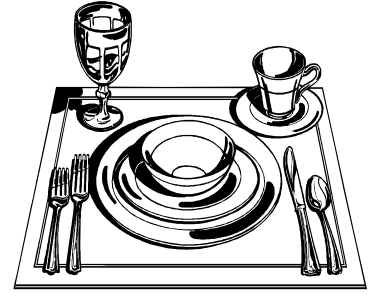


HOME DELIVERED MEALS

for Senior Citizens



RENSSELAER COUNTY UNIFIED FAMILY SERVICES DEPARTMENT FOR THE AGING



Kathleen M. Jimino
County Executive

Joseph W. Cybulski
Commissioner

The Home Delivered Meals program is usually a temporary service for seniors until they can get out on their own to go to a Senior Service Center or get other services.
The Senior Service Centers are:

Rensselaer Area Senior Service Center

East & Herrick Streets
Rensselaer, NY 12144
463-2166

Southern Tier Senior Service Center

1800 E. Schodack Road
Castleton, NY 12033
477-6581

Troy Area Senior Service Center

19 Third Street
Troy, NY 12180
270-5348

Eastern Area Senior Service Center

2 Roxborough Road
Cropseyville, NY 12052
279-3413

Hoosick Area Senior Service Center

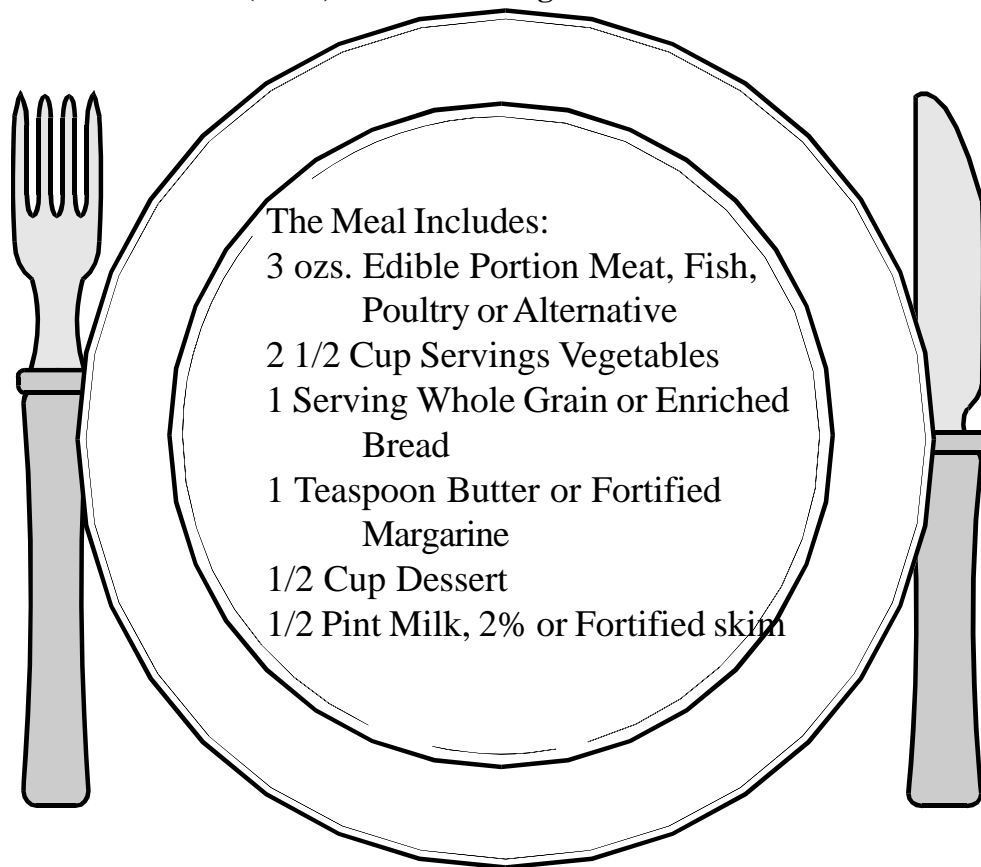
69 Church Street
Hoosick Falls, NY 12090
686-7561

Home Delivered Meals Are Available For People Who Are:

**Residents of Rensselaer County,
60 Years of Age or Older,
Living Alone,
Physically Incapable of Preparing a Meal,
Physically Incapable of Going to One of the Senior Service Centers to Eat,
Unable to Obtain Help Either From Relatives, Friends, Neighbors or Homemaker Services,
Lacking Facilities to Prepare Meals,
Unable to Learn How to Cook Meals**

HOME VISIT REQUIRED

**The Home Delivered Meal is Prepared to Meet at Least
One-Third of the Recommended Dietary Allowances
(RDA) for an Adult Age 60 or Older.**



**CONTRIBUTION: The suggested contribution is \$2.50 per meal.
No One is Denied a Meal Due to an Inability to Contribute.
All Meals Are Delivered Between 11:00am and 2:00pm Monday through Friday.**

**For Home Delivered Meals
Please Call for an In-Home Assessment
270-2739**

Services provided by the Rensselaer County Unified Family Services Department for the Aging are funded by Rensselaer County, the New York State Office for The Aging and the Older Americans Act of 1965.